

*where we live*  
**HURST★TEXAS**

SUMMER 2019

National Parks & Recreation Month

Election Information

Pipeline Road Project



# where we live

## In This Issue

Wellness & Health.....	4
Safe Living.....	8
Senior Services.....	10
Our Community.....	18
Public Library.....	28
Recreation Center.....	34
Park System.....	78

## City Staff

- Clay Caruthers** City Manager
- Allan Heindel** Deputy City Manager
- Clayton Fulton** Assistant City Manager
- Malaika Farmer** Assistant City Manager
- Greg Dickens** Executive Director of Public Works
- Rita Frick** City Secretary
- Steve Niekamp** Police Chief
- David Palla** Fire Chief
- Matia Messemer** Executive Director of Human Resources
- Steve Bowden** Executive Director of Economic Development and Tourism
- Kyle Gordon** Executive Director of Community Services
- Michelle Lazo** Executive Director of Planning and Community Development
- Kara McKinney** Public Information Officer



Cover photos by Stacy Luecker

## On the Cover

We love summers in Hurst! One of the best ways to beat the heat this summer is to bring your friends and family to Central and Chisholm Aquatics Centers! Both have been renovated over the last couple of years and are better than ever! And did you know we have pavilions available to rent for your summer parties? You can find out more details on page 66 and 67. Both aquatic centers open Memorial Weekend. This year, we have some fun events planned at both aquatic centers including a dive-in movie and Shark Night! You can find out all the details about each event on page 74. We look forward to seeing you at the pool this summer!





## Mayor's Message

Summer is just about here, and I'm looking forward to all that the warmer weather brings in Hurst! We have a lot of fun planned for you this season and hope that you'll take advantage and create some new memories with your family and friends!

Our Hurst Stars and Stripes is the best Fourth of July celebration that you can find in DFW. We bring in over 35,000 people each year to enjoy live music, food trucks, kids activities, and of course, our outstanding firework show!

July is National Parks and Recreation Month, and we have a wide variety of fun events planned to celebrate. For a calendar of events happening all through the month of July, visit page 26 and 27.

Our deputy city manager, Allan Heindel, just celebrated his retirement in April. He's been serving our city for 39 years and has made a lasting impact on so many of our programs and facilities in Hurst. We are grateful for his dedication and passion for our city and wish him the absolute best in retirement. He's written a letter to our residents that you'll find on page 24.

Earlier this year, we requested your feedback using our annual citizen survey. We wanted to share some of the positive responses we received from you! Check out page 23 to read those comments!

We have an election coming up in May, and this year, you'll have an opportunity to vote on a proposed new Animal Services and Adoption Center that will be located right by TCC. Over the years, we have received many requests from residents to add a public dog park in Hurst, and if this bond passes, we will be able to provide that amenity to our residents. You can find out all the details about the upcoming bond election and general election information on page 22.

It's been one full year since I was elected as your mayor, and it has been such a pleasure serving you in this capacity. On behalf of the entire city council, we hope you have a fantastic summer and look forward to seeing you at some of our upcoming events!

- Mayor Henry Wilson

## City Council

**Henry Wilson** Mayor

**David Booe** Mayor Pro Tem

**Larry Kitchens** Council Member

**Cathy Thompson** Council Member

**Bill McLendon** Council Member

**Jon McKenzie** Council Member

**Cindy Shepard** Council Member

## The Social Media Connection

### City of Hurst

**WEBSITE:** [www.HurstTX.gov](http://www.HurstTX.gov)

**FACEBOOK:** @CityofHurstTX

**TWITTER:** @TheCityofHurst

**INSTAGRAM:** @CityofHurstTX

**NEXTDOOR:** City of Hurst

### Hurst Public Library

**WEBSITE:** [www.HurstTX.gov/Library](http://www.HurstTX.gov/Library)

**FACEBOOK:** @HurstPublicLibrary

**TWITTER:** @HurstLibrary

**INSTAGRAM:** @HurstPublicLibrary

### Hurst Public Safety

**FACEBOOK:** @HurstPublicSafety

**TWITTER:** @HurstPoliceDept, @HurstFireDept

**NEXTDOOR:** Hurst Police Department

### Hurst Conference Center

**WEBSITE:** [www.HurstCC.com](http://www.HurstCC.com)

**FACEBOOK:** @HurstCC

**INSTAGRAM:** @HurstConferenceCenter

### Hurst Recreation Center

**FACEBOOK:** @HurstParksandRecreation

**INSTAGRAM:** @HurstParksandRecreation

### Hurst Senior Activities Center

**FACEBOOK:** @HurstSeniorActivitiesCenter

# WATER

## Do you know the 6 most healthy kinds for you?



It's Texas, and summer is coming. As temperatures rise, staying hydrated becomes even more critical. The best way for us to hydrate is with water. Water is the most important thing we need to survive and thrive. But there is so much more to water than you might guess! Do you know the 6 most healthy kinds of water you can enjoy?

### Tap Water:

- 1 Readily available and inexpensive, water out of your tap can be a great option. We have really great water here in Hurst that is tested consistently and only costs one penny per gallon!

### Filtered water:

- 2 Filtered water comes in many forms; bottled, reverse osmosis, distilled and more. You can buy water filters from a few dollars to thousands. Some of it may be better than tap water and some may be more contaminated from the plastic bottles or containers.  
If you are concerned about water safety, consider using a water filter on your sink, a water filter system like Berkey or more to fit your level of need.

### Mineral water:

- 3 Mineral water is water that has more than the average minerals in it. In order for water to be qualified as "mineral", it has to come out of the ground in that form and is regulated by the FDA to have at least 250 ppm dissolved solids in it. The minerals are commonly things like calcium, magnesium, sodium, zinc and more. These waters can be a source of minerals that our bodies need to stay healthy and have lots of different tastes. If you are watching your sodium, make sure to check the label on mineral waters as some of them can be high.

### Alkalized water:

- 4 This is water that has been treated to change the pH. It is suggested that drinking water with a higher pH may change your own pH and help your body be healthier. There is still a lot of research being done in this area so scientists have not come to a consensus on whether you benefit from alkalized water or not. But try some and see what you think!

### Electrolyte water:

- 5 This is water that has electrolytes added to it outside of what naturally occurs. Think of sports waters or SmartWater as an example. Some of these waters can be flavored and have added sugars or artificial sweeteners. Some can be healthy and some not. Read labels, be smart and know what you get when you pick them up.

### Infused water

- 6 Like lemon in your water? You are enjoying infused water! Many people struggle with the flavor (or lack thereof) of water and need some flavor added. Infused waters are made when fruit, herbs or vegetables have been added to and soaked to transfer the flavors into the water. They usually have very few added calories or sugar but can help you enjoy water even more. If you are buying infused water, make sure to read the label because sometimes it contains more calories than you bargained for!

With so many different water options out there, everyone can find one to enjoy. Do you see some on the list that you haven't tried before? Have fun experimenting this summer, and you may be surprised at what you enjoy!

# *Cucumber, Lime, Strawberry & Mint Infused Water*

## Ingredients

- 4 cups clean mineral water
- 8 slices organic cucumber, washed
- 5 organic strawberries, washed and halved
- 1 organic lime, washed and sliced
- 8 mint leaves, washed and chopped

## Directions

- Prepare fruit, mint and cucumbers
- Submerge in pitcher with water, soak for 1-4 hours in refrigerator
- Serve chilled for best taste
- Can last for up to 24 hours if refrigerated

**Makes 4 servings: 1 serving = 8 calories, .1 g fat, 1.6g carbs, .1 g protein**





## Healthy Hurst Wellness Initiative

Healthy Hurst is the City of Hurst's community-wide wellness initiative. With the use of the information and links that are available on the City of Hurst's Healthy Hurst webpage, participants can increase their health, wellness, and fitness.

Healthy Hurst isn't just about physical activity. It's about mental, physical, and social health. Whether visiting a park, working out at the Hurst Recreation Center, or attending one of our many city events, you're actively being a part of Healthy Hurst.

Be sure to look for our multiple Healthy Hurst sponsored events throughout the year. These events include the Eight to Great Challenge, Kids Triathlon, Dash 'N Splash 1 mile & 5K run and Walktober.

## Healthy Hurst Dash & Splash 1 Mile/5K

**Saturday, June 8**  
**Chisholm Park**  
**& Chisholm Aquatics Center**

**1 Mile Walk/Run - 7:30AM**  
**5K Run - 7:50AM**

Here's your chance to do something healthy AND fun at the same time. The Healthy Hurst Dash & Splash offers Healthy Hurst participants the chance to participate in a 1 Mile or a 5K event and jump into the water at the Chisholm Aquatics Center at the finish line. Participants will also receive a day pass to the Central or Chisholm Aquatic Centers.

All Dash & Splash participants will need to register for this FREE event and can do so at the Hurst Recreation Center through Thursday, June 6 at 5 p.m. Race day registration begins at 7 a.m. on Saturday, June 8. (Please bring proof of residency: Driver's License, Hurst Water Bill or Hurst Property Tax Statement. Non-residents bring your Quality of Life Recreation Card).

All Dash & Splash participants are eligible to win door prizes (must be present to win). For more information, contact the Hurst Recreation Center at 817-788-7325.

★ NEW EVENT ★

**Healthy Hurst Kids Triathlon**  
**Saturday, June 1 – 8 a.m.**  
**Hurst Recreation Center & Central Aquatics Center**  
**Registration opens April 22**



## RECREATION SPOTLIGHT

### *Hurst resident inspired to live healthy lifestyle by Healthy Hurst Initiative*



The Healthy Hurst Initiative was started as a way to bring awareness and education about fitness and living a healthy lifestyle to Hurst Residents. In an effort to continue that practice, each season, we will be highlighting a member of the Hurst Recreation Community to share a little about their fitness journey.

We recently sat down with Patricia Ferguson, Hurst resident since 1954 and Recreation Center member for nearly 10 years. She has been married to her husband, Lee Ferguson, for 61 years. Just passing the milestone of her 80th birthday, Patricia shared with us how she continues to stay healthy and active.

You can find Patricia speeding around the indoor track with a smile on her face at the Recreation Center, where she is a regular 4-5 days a week. She credits her Fitbit watch with keeping her accountable, aiming for 10,000 steps every day, while pushing her goal to 5 miles (11,500 steps) on some. She has even been known to walk around her house on commercial breaks to get her steps in! Patricia joined weightwatchers in 1969, and says she and Lee maintain a healthy diet, with the occasional sweet tooth for Lee's homemade candy.

When asked why she preferred walking over the numerous other ways there are to exercise, her answer was simple; "I like the way it makes me feel. It's good for me, it's healthy."

So why the Recreation Center? "That's simple; the people. The staff up front are good people." She continued to say that she has built a rapport with not only the staff, but her fellow walkers and Rec Center members. "People know me, and they know my name." Additionally, she prefers the designated track as opposed to a street or walking path where she would have to navigate pets, strollers and such.

What does Patricia like to do in her free time? She enjoys spending time with her family, including her two daughters and grandson, reading, working on puzzles, and making the occasional fishing trip with Lee to the Lake of the Pines. And she has a bit of a green thumb as well, working regularly in the yard at their home. She and Lee attend the John Butler Memorial Senior Banquet every year and are active in the Senior Group at First Baptist Church of Hurst. "It is important to keep my mind and body going", Patricia says when fighting the natural urge to take it easy in retirement. And it seems she's got things figured out!

## Hurst Police Surveillance Camera Registration Program

Do you currently utilize private video surveillance at your home or business? If you do, we would like to hear from you. The Police Department is asking residents and businesses across the city to register their privately owned surveillance camera systems. As we respond to criminal incidents, we may be able to use the information or footage gathered from the security cameras to assist in the apprehension and prosecution of the criminals involved. By registering your camera with us, the Department can quickly identify nearby cameras that may have captured criminal activity. After registering your camera, you would only be contacted by the Hurst Police Department if there is a criminal incident in the vicinity of your security camera. Police personnel, if necessary, may request to view your camera footage in order to assist in the investigation. Help us make Hurst an undesirable place for criminals to commit crime and help keep your entire community safe!

If you would like to tell us that you have video surveillance and allow officers to contact you should a crime occur in or near where your cameras are installed, we kindly ask that you let us know by going to <http://p2c.hursttx.gov/> to register your cameras.

Information provided to the Hurst Police Department regarding your camera systems will be for official use only. Your personal information will remain confidential and not be distributed except as required by law or to court.



## Crime Prevention

Historically, during the summer months of the year, certain types of crimes increase. Typically, there is an increase in automobile break-ins and thefts of lawn equipment. These are crimes of opportunity, which means that they are preventable if you follow a few simple tips. Most of the automobile break-ins occur when the owner leaves the vehicle unlocked and something of value is left in the vehicle, usually in plain sight. These are preventable by simply locking your vehicle and hiding or removing valuables from your vehicle whether at home or at the store or gym.

Thefts of lawn equipment increase during the summer months and are also crimes of opportunity. Most thefts occur while the homeowner is at the residence out working in the yard. The garage door is left open or lawn equipment such as blowers and weed eaters are left out in the driveway. Thieves will prowl neighborhoods and grab unsecure lawn equipment from driveways, yards or open garages while the unsuspecting homeowner is out working in the yard.

Please help stop these thefts by locking your vehicles and removing valuables from within the vehicle. Keep an outside light on illuminating your driveway and vehicles at night. Secure your lawn equipment in your garage and keep the garage shut and your house locked while you are in another area of the yard working or even when inside your home. By working together, we can reduce the opportunity for thieves to commit these crimes and make our community a safer place for everyone!





## *Citizen's Police Academy*

---

The Hurst Police Department sponsors the Citizen's Police Academy (CPA) with the goal of educating citizens of Hurst on the "Hows and Whys" of the Hurst Police Department and its operations. This is accomplished through a series of presentations and hands-on activities on Thursday evenings from 6:30 - 9:30 p.m. for 12 weeks. The CPA classes are held at the Criminal Justice Center located at 825 Thousand Oaks. The next Citizens Police Academy is scheduled to start August 8, 2019.

There is no cost to attend the CPA. Graduates of the Hurst Citizen Police Academy are NOT trained to be police officers or vigilantes. The purpose of the CPA is to educate

attendees so they can make informed judgments about the police department as they become ambassadors of good will to the community.

Each applicant must be at least 21 years of age, live or work in the City of Hurst and successfully pass a background investigation. Applications must be turned in no later than Thursday, August 1, 2019. To successfully graduate, each participant is required to attend at least 10 of the 12 sessions.

For more information and to apply online, visit [hursttx.gov/CPA](http://hursttx.gov/CPA).

## Senior Center



### Membership Information

Monday, Tuesday, Wednesday, Friday: 7:00AM–7:00PM // Thursday: 7:00AM–9:00PM

The Hurst Senior Activities Center is open to seniors only, ages 55 and over.

- Membership is required in order to use the Senior Center amenities or participate in activities and programs. (Occasionally, we will offer special programs that are open to the general public.)
- Membership is valid for one year and must be renewed annually.
- Membership includes many free classes, programs and activities, use of our state-of-the-art fitness room and access to aquatics programs. Please note that some classes and programs may require nominal fees.

#### Senior Center Membership Fees:

- Hurst Residents – \$20 per membership year. (Equivalent of about \$1.67 per month.)
- Nonresidents – \$80 per membership year. (Equivalent of about \$6.67 per month.)
- As a member of a Medicare Advantage or Medicare Supplement plan, you may be eligible for a no-cost or low-cost membership through the Silver & Fit Renew Active or SilverSneakers program.
- In order to receive the Hurst resident rate, please bring your Hurst water bill, Hurst property tax statement or Hurst apartment lease and your photo ID as proof of residency.

## Lunch Program

The Senior Center offers a weekly meal program called "A Quick Bite." On Tuesdays, for only \$5, you get a cup of the soup of the day, your choice of the entrée of the day or a sandwich with a bag of chips and a pickle. All lunches come with a dessert. Grab a friend, and stop by the Senior Center for "A Quick Bite!"

The lunch program policies and details are as follows:

- You must register at the front desk for lunch and complete "A Quick Bite" menu selection slip. Payment is expected at the time of registration. Registration can be made any time prior to 10 a.m. on Tuesdays. Reservations will not be accepted after 10 a.m. No exceptions.
- The kitchen staff and volunteers cannot take payments. Please pay for lunch at the front counter and obtain a receipt. The receipt is only valid for the date lunch was purchased. No refunds or rain checks for lunches will be issued.
- Quantities may be limited and may sell out before 10 a.m.
- All meals are encouraged to be consumed on the premises. Taking food home from the meal site is done at your own risk. To-go boxes are not available.
- Due to health code policies, personal food items cannot be held in the kitchen refrigerators. Lunches will be available for pick-up on Tuesdays between noon and 12:30 p.m. Lunches not picked up by 12:30 p.m. must be discarded.

## Donor Board

Did you know that you can give to the Senior Center Donation Fund? Donations are used to purchase non-budgeted items for the Senior Center. Donations are recognized through the Donor Board located on the east side wall of the building next to the staff offices. A plaque inscribed with your choice of inscription (space limited) will be placed on the board based on the following levels of donation:

- Bronze – \$250
- Silver – \$500
- Gold – \$1,000
- Platinum – \$2,000+

For more information or to make a donation, contact the Senior Center Director Linda Rea at 817-788-7710.

## Contact Information

700 Heritage Circle  
Hurst, TX 76053  
817-788-7710

## The Social Media Connection

Did you know that the Hurst Senior Activities Center is now on Facebook? Stay up to date on current happenings, find pictures of recent events and more! Follow us, like us and share us: @HurstSeniorActivitiesCenter

## Registration Policy

Registration is required for most scheduled classes, activities and programs.

Registration opens the first business day of each month at 8 a.m. and continues throughout the month. You must have an active Senior Center membership or day pass in order to register for classes. Any applicable fees must be paid at time of registration unless otherwise noted. Save time and register online by visiting the Senior Center website: [hursttx.gov/hsac](http://hursttx.gov/hsac). To get started with online registration, you will need to visit the Senior Center to activate your account.

## Senior Center Advisory Board

Chair: **Gerald Grieser**

Vice Chair: **Joan Stinnett**

**Doris Young, Bob Hampton, Barbara Albright, Marcy Davis, Durwood Foote, Marie Perry and Elaine Wicker**

## Senior Center Staff

HSAC Director: **Linda Rea**

Activities Supervisor: **Michelle Varley**

Administrative Assistant: **Laura Gore**

Activities Assistant: **Linda Provence**

Front Desk Attendants:

**Diana Conway**

**Tammy McDonald**

**Jorji Northrop**

**Gayle Stevens**

**David Wiggins**



## Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)

### Breakfast Club

Wake up and get up to the Senior Center for a hearty breakfast! Each month features a different breakfast entrée, from a fresh made Belgian waffle to gravy and biscuits or tasty breakfast enchiladas. Breakfast is served with juice, coffee, and fresh fruit. Check the Senior Pipeline for the breakfast entrée of the month.

95015 (3/50/MPN)

8:30 - 9:30AM // TH // 4/25 // \$4

8:30 - 9:30AM // TH // 5/23 // \$4

8:30 - 9:30AM // M // 6/17 // \$4

8:30 - 9:30AM // M // 7/15 // \$4

8:30 - 9:30AM // M // 8/26 // \$4

### What's for Lunch

Come to the Senior Center each month on the 2nd Thursday for lunch! Menu varies but will always include a main entrée, side dish, and dessert. See the Senior Pipeline for meal details. Lunch is only \$4 per person.

95096 (1/100/MPN)

11:30AM-12:30PM // TH // 4/11 // \$4

11:30AM-12:30PM // TH // 5/9 // \$4

11:30AM-12:30PM // TH // 6/13 // \$4

11:30AM-12:30PM // TH // 7/11 // \$4

11:30AM-12:30PM // TH // 8/8 // \$4

### Movies & Munchies

Each month (typically the first Friday) we offer a current movie, complete with hearty munchies that includes popcorn, soda and more. See the Senior Pipeline for movie title, description and rating.

95001 (1/100/MPN)

1:00-3:00PM // F // 5/3 // \$3

1:00-3:00PM // F // 6/7 // \$3

1:00-3:00PM // F // 7/5 // \$3

1:00-3:00PM // F // 8/2 // \$3

### Nutrition & You

Come learn about nutrition and what your body needs to fuel your energy and keep you ready for all day activity. Topics vary each month.

**Instructor: Rosy Pritchett**

94010 (1/100/MPN)

2:00-3:00PM // F // 4/26 // Free

2:00-3:00PM // F // 5/24 // Free

2:00-3:00PM // F // 6/21 // Free

2:00-3:00PM // F // 7/26 // Free

2:00-3:00PM // F // 8/23 // Free

### Empty Bowls 2019

Design a bowl to keep or to be donated to the "Tarrant Area Foodbank's Empty Soup Bowls 2019" event. Paint and bowls are provided. Please bring your own brushes. Kilns and firing are done on site. \$5 per bowl. **Instructor: Diana Conway**

91003 (1/15/SA)

9:30AM-12:30PM // T // 5/28

9:30AM-12:30PM // T // 6/25

9:30AM-12:30PM // T // 7/23

9:30AM-12:30PM // T // 8/27

91007 (1/15/SA)

9:30AM-12:30PM // TH // 4/18

9:30AM-12:30PM // TH // 5/9

9:30AM-12:30PM // TH // 6/13

9:30AM-12:30PM // TH // 7/11

9:30AM-12:30PM // TH // 8/8

### Be Well, Live Well

A series of five lessons designed to get a fresh start to a healthier you! Join Tiffany from Texas A&M AgriLife Extension Service for LIVE cooking demonstrations and more. Learn how to develop healthy eating patterns, read labels, ensure food safety, meal planning, and incorporate physical activity as part of a healthy lifestyle. There is a class minimum that must be met, so please register in advance in order to ensure class makes. FREE!

94010 (1/100/MPN)

9:00-10:00PM // F // 4/22 // Free

9:00-10:00PM // F // 4/29 // Free

9:00-10:00PM // F // 5/6 // Free

9:00-10:00PM // F // 5/13 // Free

9:00-10:00PM // F // 5/20 // Free

### American Sign Language

Introduction to American Sign Language (ASL) using conversational methods. Covers basic vocabulary, basic grammatical usage, and culturally appropriate behavior within the deaf community. Course will include signing brief sentences used to meet and communicate with other persons, basic fingerspelling and numbers, exchanging personal opinions and more. Course is designed so that you can join at any point and not be behind. **Instructor: Carolyn Stem**

94008 (2/30/COMP)

10:00-11:30PM // TH // 4WKS // \$15/mo

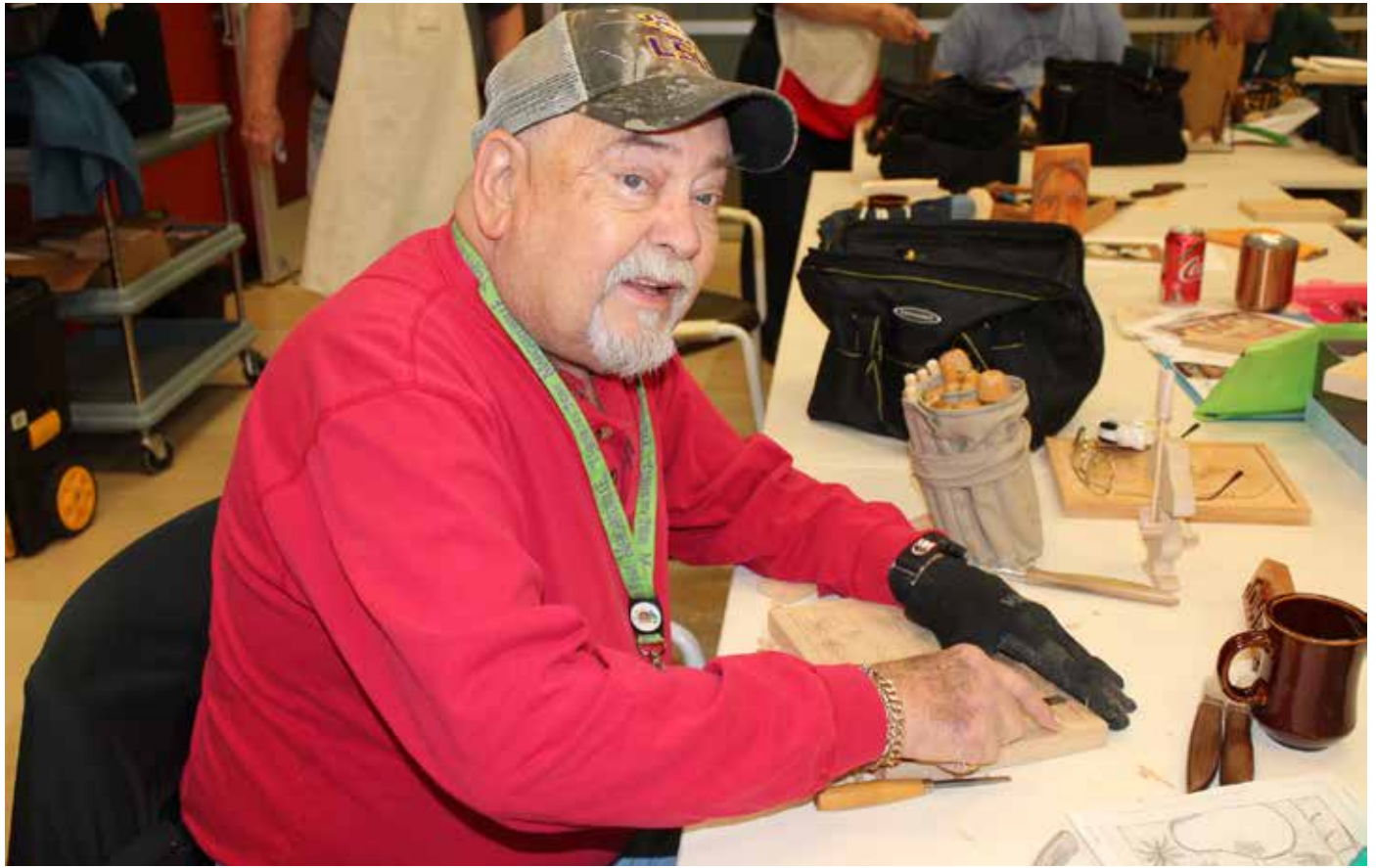
### Chair Volleyball

Reap the benefits of being active and join in the fun of Chair Volleyball. This modified version of volleyball is played much like the traditional game. Chairs are placed to cover the court and players rotate for serving. The team works together to get the beach ball over the net. There is one catch - you must remain seated, with one cheek in the seat at all times. Chair volleyball is played weekly on Wednesdays.

10:00AM-12:30PM // W // Free

## Senior Center Upcoming Events & Classes

(You must be a member to participate. Sign-up and fees may be applicable.)



### You Can Paint with Oils

Even if you've never held a paint brush or can't draw a straight line, you will be amazed at the beautiful oil painting you can create in one fun and inspiring lesson. Beginners learn basics of color mixing, brush strokes and perspective while completing a detailed landscape or seascape under the patient guidance of award winning "Teacher of the Year," Susan & Robert Garden, founders of the Robert Garden School of Art. All art supplies, canvas, paints, brushes, easel and detailed lesson plan are provided. Bring paper towels and wear old clothes. \$20 (cash only) supply fee due to instructor at time of class. Instructor: Susan Garden

91074 (1/100/MPN)

9:30-12:30PM // F // 4/26 // \$15

9:30-12:30PM // F // 5/10 // \$15

9:30-12:30PM // F // 6/21 // \$15

9:30-12:30PM // F // 7/19 // \$15

9:30-12:30PM // F // 8/2 // \$15

### Organizing and Design

Professional organizer Lori Peniston will share ideas on organizing, interior design and how to downsize. You will also receive some great tips to get your space more functional. A brief discussion of the book, STUFF - compulsive hoarding and a way out! Get ready to Transform your SPACE - Transform your Life! Sponsor: Disaster 2 Design

94041 (5/30/COMP)

1:00-2:00PM // T // 4/9 // Free

### Document Shredding

Start your spring cleaning by bringing all those unwanted documents and files to the Senior Center to be shredded and securely recycled by Shred IT. Drive through service, just pull your car up and staff or volunteers will help with unloading. You must show your HSAC ID.

10:00AM-Noon // F // 4/26 // Free

### Men's Luncheon & Poker

Attention all men of the Senior Center! Join us for a fabulous smoked brisket luncheon, complete with delicious sides and dessert. Lunch is \$5. Please sign up in advance. Following lunch join in on some classic Dealer's Choice Poker. No charge for poker playing, but please register so we are sure to recruit enough dealers.

95028F (5/50/MPN)

Noon-1:00PM // F // 6/14 // Lunch \$5

95025F (5/50/MPN)

1:00-3:00PM // F // 6/14 // Free Poker



**HURST SENIOR ACTIVITIES  
CENTER**

# **MEMBER ART EXHIBIT 2019**

An art showcase by the members  
of HSAC

**April 9th - May 23rd, 2019**

**Open during normal center hours**

**Art displayed through the halls and walls of HSAC**

All artwork on display is original work created  
by members of HSAC.



## Senior Center Upcoming Events & Classes

(You must be a member to participate. Sign-up and fees may be applicable.)

### Ice Cream Social

I scream, you scream, we all scream for ice cream! Come to the Senior Center for this annual favorite event. The ice cream is sponsored and served by local business and service providers. Each ice cream station features a different flavor from homemade to Blue Bell. Sample them all or just get a bowl of your favorite!

95030F (5/200/MP)

2:00-3:00PM // F // 6/28 // Free

### Summer Fun with Your Grandkids

Bring your grandkids to the Senior Center for an afternoon of fun and activities! Enjoy a pizza lunch, crafts, games, photo opportunities and a make your own sundae bar!

95102G (5/50/MP)

Noon-2:00PM // W // 7/3 // \$5 per person

### Frozen Fridays

Start your weekend off with a FREE frozen treat every Friday afternoon! Treats will vary and low sugar options will be available.

95023 (5/100/MPN)

3:30-4:00PM // F // July & August // Free

### Variety Game Night

Celebrate National Parks & Recreation Month with us! Bring a snack to share and your favorite card, board, or other game. Billiards Room is open; Wii will be set up for bowling, tennis and/or golf; Dominoes in the game room and more. Membership is not required for this special event, but you must be 55+ to participate. Invite a friend and let's Game On! #GameonHurst

95067G (5/200/HSAC)

5:30-8:30PM // TH // 7/18 // Free

### Sock Hop

Invite your friends and "Shake, Rattle, and roll" to the Senior Center for a fun, nostalgic night of old rock 'n roll music! You're encouraged to dress in 50s and 60s era style. Twist again like you did last summer and enter the Twist Contest. Pete & Patti will play all your old favorites for listening and dancing. Membership is not required to attend. Everyone 55+ is welcome.

7:00-9:15PM // TH // 7/25 // \$5 at the door

### Member Mixer

Beat the heat and come enjoy the cool of the Senior Center for our annual Summer Member Mixer! Wear your beach party attire, be entertained by the Nostalgics Band, and take advantage of a picnic inspired small bite buffet. There will be photo opportunities sponsored by Walgreen's, door prizes, Hula Hoop Contest, and more! Be sure to register in advance. A current HSAC membership is required.

95039H (5/300/MP)

1:00-3:00PM // F // 8/16 // Free

### Free Yoga Night

Celebrate the end of summer with a night of FREE yoga! The evening will feature a variety of styles of yoga. Come try one or try them all. You will leave feeling renewed, refreshed, and relaxed.

- Meditation
- Gentle Yoga
- Yin Yoga
- Slow Flow Yoga
- Restorative Yoga

92034H (5/50/MP)

5:30-8:30PM // TH // 8/29 // Free

### AARP Safe Driver Program

Expect to learn current rules of the road, defensive driving techniques and how to operate your vehicle more safely. Consult your agent for insurance discount availability upon course completion. AARP membership is not required. \$15 for AARP members and \$20 for non-members. Fees due at time of class, please have exact change or check, no credit cards. Bring your driver's license. Space is limited. **Instructor: John Chreno**

94049 (1/20/SA)

8:30AM-1:15PM // F // 8/30



## Senior Center Fitness Classes

(You must be a member to participate. Sign-up and fees may be applicable.)

### Aquatics Classes

#### SilverSneakers Splash!

Activate your urge for variety! Splash offers fun, shallow-water movement to improve agility and flexibility while addressing cardiovascular, strength and endurance conditioning. No swimming ability is required and a kickboard or other aquatic equipment is used to improve strength, balance and coordination. Fees are waived for SilverSneakers members this class only. **Instructor: Rosy Pritchett**

10:00-10:45PM // M // 4WKS // \$16

10:00-10:45PM // M // 4WKS // \$16

10:00-10:45PM // T // 4WKS // \$16

10:00-10:45PM // W // 4WKS // \$16

11:00-11:45PM // W // 4WKS // \$16

11:00-11:45PM // TH // 4WKS // \$16

#### Water Wellness

Water Wellness is a great water workout if you have sore or tight joints, lower back pain, balance issues, or general aches and pains. Come try this gently paced water wellness class to ease your symptoms. **Instructor: Off the Deep End Aquatics**

10:00-10:45PM // T // 4WKS // \$16

10:00-10:45PM // TH // 4WKS // \$16

#### Unstructured Water Time

Use of the pool for unstructured water time is available on FRIDAYS in two 55 minute increments. Water noodles and kick boards are available for your use. Inflatable flotation devices are prohibited. \$5/month per session. **Fees are waived for Renew Active members.**

10:00-10:55PM // F // \$5

10:00-10:55PM // F // \$5

### Group Fitness

Registration for our Group Fitness is required on a per month basis. Registration opens on the first business day of the month. Class fees range from \$2.50 to \$5 for a single class. Most classes meet weekly, averaging four times per month.

#### Ageless Grace

Ageless Grace is a program that works on all five functions of the brain as well as the 21 primary physical skills we need for aging youthfully. Designed so that almost anyone of any age, ability, body-type, size or with any physical challenge can participate and benefit from the simple tools for lifelong comfort and ease. **Instructor: V'Ann Giuffre**

10:30-11:15AM // TH // 4WKS // \$10

#### Tai Chi

Chinese system of slow meditative exercise designed for relaxation, balance, and health. **Instructor: Chot Pham**

9:00-9:50AM // W // 4WKS // Free

#### Non-Contact Boxing

A great way to improve agility, speed, endurance, accuracy, balance, hand-eye coordination, footwork and overall strength. This class is designed with Parkinson's patients in mind, but anyone can benefit from the exercise and is welcome to participate. **Instructor: Rosy Pritchett**

4:00-4:45PM // W // 4WKS // \$10

9:00-9:45AM // F // 4WKS // \$10

#### Fit Start | Exercise

Instructor led fitness class designed for those just starting to exercise and also for those with low mobility. Encompasses movements to strengthen the upper body and core, increase flexibility, and improve cardio health and stamina.

**Instructor: Jeri Worl / Andrea McKnight**

9:00-10:00AM // T // 4WKS // \$10

9:00-10:00AM // TH // 4WKS // \$10

### Zumba Gold

This class is designed for active older adults that like to move! Easy to follow Zumba choreography that focuses on balance, range of motion and coordination. Benefits include cardiovascular, muscular conditioning, flexibility and balance. Class fees waived for Silver & Fit and SilverSneakers members. **Instructor: Kalyn Worthey**

10:15-11:00AM // W // 4WKS // \$16

### Classic Fitness

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing and balls for resistance. A chair is available if needed for seated or standing support. Class fees are waived for SilverSneakers, Renew Active & Silver&Fit members.. **Instructor: Debbie Melchiorre/Rosy Pritchett.**

8:00-9:00AM // M // 4WKS // \$10

5:00-6:00PM // T // 4WKS // \$10

8:00-9:00AM // W // 4WKS // \$10

5:00-6:00PM // TH // 4WKS // \$10

### Back, Shoulders & Balance

You will work to gain muscular strength, increase muscle tone and stretch with purpose in your back, shoulders and areas of balance. Expect to improve your ability to get out of bed, get out of a chair, maintain your posture and alleviate back muscle pain. **Instructor: Rosy Pritchett**

4:30 - 5:15PM // M // 4WKS // \$10

### Personal Training

Personal Trainer Rosy Pritchett is available to assist you in reaching your individual health and fitness goals. She will work with you to develop an effective exercise program designed specifically for you. Sessions are paid through the front desk. Appointments are scheduled directly with the trainer.

One-Hour Session // \$40

## Senior Center Fitness Classes

(You must be a member to participate. Sign-up and fees may be applicable.)

### Fitness Assessment

Personal Trainer Rosy Pritchett is here to help you get started on a personal fitness program. This 20 minute evaluation will assess five components: cardiovascular, muscular strength, muscular endurance, flexibility, and body composition. Sessions are paid through the front desk. Appointments are scheduled directly with the trainer. Includes a free 6-month follow up assessment so you can see your progress.

20 Minute Session // \$10 // By Appointment

### Yoga

#### Strengthen on Your Mat

A core strengthening class that combines pilates, basic exercise moves, and yoga.

**Instructor: Rosy Pritchett**

10:00 - 11:00AM // F // 4WKS // \$10

#### Hatha Yoga

Core strengthening class that combines pilates, basic exercise moves, and yoga. **Instructor: Rosy Pritchett**

10:00-11:00AM // F // 4WKS // \$10

#### Kundalini Yoga

This fun, challenging class wakes up the energy centers in your body. Through the use of movement, breath, and meditation, you connect to your core energy and let go of what no longer serves you. This class includes stretching, yoga poses, and chant. **Instructor Cheri Nelson**

10:15-11:00AM // M // 4WKS // FREE

### Hatha Yoga

Incorporates the use of postures and stretches linked with the breath to develop flexibility. A combination of floor and standing poses is used to create a flow of movement that encourages proper alignment, balance and opening of the body.

**Instructor: Jamie Goldstein**

2:30-3:30PM // T // 4WKS // FREE

### Chair Yoga

Incorporates the use of postures and stretches linked with the breath to develop flexibility. A combination of floor and standing poses is used to create a flow of movement that encourages proper alignment, balance and opening of the body.

**Instructor: Jamie Goldstein**

3:45-4:45PM // T // 4WKS // FREE

### Gentle Yoga

Incorporates the adaptation and application of Yoga techniques and practices to help individuals facing health challenges at any level manage their condition, reduce symptoms, restore balance, increase vitality, and improve attitude. Students should be able to get up and down from the floor on their own. **Instructor: Debbie Melchiorre**

1:00-2:00PM // M // 4WKS // \$16

### Yoga Fitness

Participants complete seated and standing yoga poses. This class is suitable for beginners to advanced yogis, and it provides breathing exercises and relaxation without the strain on your joints. Class fees are waived for SilverSneakers, Renew Active & Silver&Fit members. **Instructor: Debbie Melchiorre**

12:30-1:30PM // W // 4WKS // \$10

### Restorative Yoga

Experience restorative yoga poses that let you relax deeply and consciously, allowing tension to release from the body and energy to flow. Postures are seated or lying down with the use of props for optimal comfort.

**Instructor: Michelle Varley**

3:30-5:00PM // F // 6/7 // \$5

3:30-5:00PM // F // 7/26 // \$5







Water conservation starts with you. Using water efficiently and avoiding waste is essential to ensure that we have adequate water today and into the future. Water is a finite resource and the supplies on Earth today are no more than what was here at the beginning of the planet. It is up to all of us to use the water we have wisely, and it is as simple as each of us making small changes. Make conserving water a daily part of your life. And remember when you save water, you save energy and money!

## INDOORS

- ★ Over half the water use inside a home takes place in the bathroom.
  - ★ Turn off the water while shaving or brushing teeth. (Savings: up to 4 gallons a minute, or up to 200 gallons a week for a family of four!)
  - ★ Take short showers instead of tub baths; showers use less water. (If you keep your showers to under 5 minutes, you'll save up to 1,000 gallons a month.)
  - ★ If you do take a bath, be sure to plug the drain right away and adjust the temperature as you fill the tub.
  - ★ Don't use your toilet as a wastebasket. Use a leak-free, high efficiency toilet. (Toilets are by far the main source of water use in the home: nearly 30 percent of residential indoor water consumption.)
  - ★ When washing your hands, turn off the water while you lather.
- Kitchen: Cook up some real water savings**
- ★ Wash only full loads of dishes, and select the appropriate water level or load size option on the dishwasher.
  - ★ Do not use water to defrost frozen foods; thaw foods in the refrigerator overnight.
  - ★ Scrape, rather than rinse dishes before loading them into the dishwasher.
  - ★ Compost food waste instead of using the garbage disposal or throwing it in the trash.
  - ★ Keep drinking water in the refrigerator instead of letting the faucet run until the water is cool
- Laundry: Rinse out some real money savings**

# Conservation

- ★ Wash only full loads of laundry or use the appropriate water level or load size selection on the washing machine.
- ★ Consider purchasing a high efficiency washing machine, which can save over 50 percent in laundry water and energy use.
- ★ Native and drought tolerant plants can make a beautiful alternative to unused turf areas in your yard. WSU Cooperative Extension has many resources to assist home gardeners with landscaping using native plants.
- ★ Purchase an inexpensive hose timer to avoid over-watering. Soaker hoses are also a great option for avoiding evaporation.

## Fix leaks: Always and everywhere

- ★ You can significantly reduce water use by simply repairing leaks in fixtures (faucets and showerheads), pipes, and toilets. A leaky faucet wastes gallons of water in a short period of time. A leaky toilet can waste 200 gallons per day. That would be like flushing your toilet more than 50 times for no reason!
- ★ Collecting rainwater to use on your landscape can help you save water outdoors.
- ★ Many local water providers offer rebates on efficient irrigation devices.
- ★ Use a broom or electric blower to clean driveways and sidewalks, rather than hosing them off.
- ★ When washing your car, use an adjustable nozzle or sprayer and turn off the water stream while soaping your vehicle.

## OUTDOORS

- ★ Of the estimated 29 billion gallons of water used daily by households in the United States, nearly 9 billion gallons (30 percent) is used outdoors. In the hot summer months, or in dry climates, a household's outdoor water use can be as high as 70 percent.

For more details on water conservation, including additional resources, visit [hursttx.gov/waterconservation](http://hursttx.gov/waterconservation)

# Hurst Where We Live Mobile App - Pay your water bill from your phone



There are so many things you can do with the Hurst Where We Live Mobile App. One of the most useful is paying your water bill via your mobile device! That's right, you can use your handheld device to access your account to pay your bill.

In addition to paying your utility bill, you can view our adoptable pets, submit a service request, view our interactive parks map, search our business directory and more!

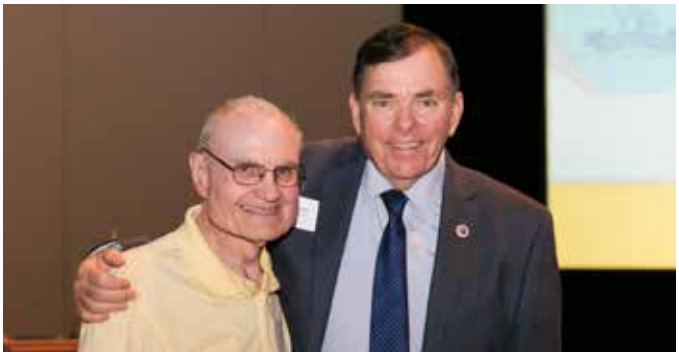
Download the app today!

Available for download in both the iTunes and Google Play Stores. Search Hurst Where We Live.

## Volunteers In Action

We love our volunteers in Hurst, and we are planning a great 40th anniversary celebration on April 10 to honor them. Hurst's VIA program began in 1979 and was the first of its kind in municipal government. Since that time, many other municipalities have created volunteer programs based on the success Hurst has seen with its VIA program. Our volunteers provide the city with an alternative to the funding of additional personnel and limits the effects of ever-increasing workloads on existing staff. Each year, our volunteers save the city thousands of dollars and, collectively, they provide over 21,000 service hours each

year. What an invaluable tool! Thank you Hurst VIA members! And if you'd like to be a volunteer for Hurst, visit [hurstx.gov/via](http://hurstx.gov/via) for more information.



### Hurst Police Department **PALS Camp and Basketball Camp** Applications available Monday, April 29 Open to 4th and 5th graders

Due to space limitations, only the first 60 applicants will be accepted for PALS Camp, and the first 48 applications for Basketball Camp.

**PALS Camp** will be June 10 to June 14 from 9 a.m.-2 p.m. at

Chisholm Park, 2200 Norwood Drive.  
**Basketball Camp** will be the week of July 15, 9 a.m-3 p.m. at North Pointe Baptist Church, 147 E. Hurst Blvd.

Camps are designed to promote responsibility and teamwork. Law enforcement officers are approachable, trustworthy mentors working directly with campers.

**OUR CAMP SCHEDULE CONFLICTS WITH SUMMER SCHOOL.  
(Keep your grades up)**



# Pipeline Road Project update

---



We appreciate your patience while the Pipeline Road Project is taking place! The work that's been done so far looks great – don't you think?! We love how smooth the road is, the new medians, street lights and landscaping that's been added. Some new sidewalks have been put in as well as pedestrian lighting. Atmos has also completed a lot of work underneath which includes replacing the transmission line and replacing gas service lines.

A good portion of the road has been completed or will soon be completed, and the next phase of the project will run from Lorean Branch Bridge to Harrison Lane.

For continuous updates on the project, visit [hursttx.gov/pipelineproject](http://hursttx.gov/pipelineproject).

---

## Friendly Neighborhood Service Reminders

**High Weeds & Grass:** Residential property or developed, non-residential property must keep weeds and grass shorter than 8" in height. Sweeping or blowing lawn and garden debris into the street is prohibited.

**Swimming Pools/Stagnant Water:** If you have a pool, spa or other water receptacle at your residence, it's important that you maintain it so that it doesn't become offensive or a health concern for neighbors. If it's determined that a water receptacle has become a nuisance, the City of Hurst can opt to take care of the problem, including draining, and bill the owner for all costs.

**Tree Branches in the Street:** As of 2016, trees must be trimmed to keep a minimum clearance of 14' from the sidewalk and street to avoid costly conflict with city emergency vehicles, school buses and trash vehicles.



# May 4 Election

## General Election and Bond Election Voting Information

The City of Hurst will hold a General Election to elect persons to fill the offices of City Council Place 1, 2 and 6 and a Bond Election for a new Animal Services and Adoption Center.

The Saturday, May 4, 2019 Election Day Polling Place will be at the Hurst Public Library, 901 Precinct Line Road, Hurst, Texas, and will be open 7 a.m. – 7 p.m.

Early voting by personal appearance will begin on April 22, 2019 and will end on April 30, 2019. Hours designated for early voting by personal appearance:

**April 22-26** / Monday-Friday / 8 a.m. – 5 p.m.

**April 27** / Saturday / 7 a.m. – 7 p.m.

**April 28** / Sunday / 11 a.m. – 4 p.m.

**April 29-30** / Monday-Tuesday / 7 a.m. – 7 p.m.

Main early voting polling place will be at the Tarrant County Elections Center, 2700 Premier Street, Fort Worth, Texas 76111. Early voting by personal appearance within the City of Hurst will be at the Hurst Recreation Center, 700 Mary Drive.

For a list of all 2019 early voting sites and additional voting information regarding the May 4, 2019 General Election and Bond Election, visit the Tarrant County Election website at [tarrantcounty.com/elections](http://tarrantcounty.com/elections) or contact the City Secretary's Office at 817-788-7043.



## Bond Election Details

Hurst voters will have an opportunity to vote on a proposed \$7.5 million dollar general obligation bond that would provide for the design and construction of a new Animal Services and Adoption Center. If approved, the estimated tax rate impact of this bond is 2 cents or \$2 per month for the average valued home in Hurst.

The current facility puts limitations on services and activities the city is able to provide. The proposed facility would enhance the capability for animal care and processing adoptions. Additional space would be provided for potential adopters to interact with their favorite animals. Space would also be added for animal exercise, medical procedures and secure intake of animals. Updated design features would also allow for better sanitation, reduced noise (barking) levels, ventilation and use of technology. If approved by voters, the city plans to purchase land currently owned by Tarrant County College off of TCC Rd. to construct the new facility. There will also be an opportunity to include a public dog park.

**Para traducciones a español y vietnamita,  
visite [hursttx.gov/election](http://hursttx.gov/election).**

**Để xem các bản dịch bằng tiếng  
Tây Ban Nha và tiếng Việt, vui lòng truy cập  
[hursttx.gov/election](http://hursttx.gov/election).**

# Citizen Survey

During our recent citizen survey, we asked you "If someone you knew was considering moving to Hurst, what is the most positive characteristic you would share with them about your city?" Here are a few of the responses!



Hurst is close to many wonderful parks, retail areas and restaurants"



Excellent city services and wonderful police and fire department. Hurst is very family oriented and sensitive to all age groups."



The City of Hurst is very progressive and forward thinking in their approach to city government and capital expenditures"



Great community events"



Excellent city services, access to shopping and restaurants, educational opportunities."



There are lots of fun family events and amenities. Very conveniently located to great shopping and highways. Great schools and quiet, friendly neighborhoods."



Hurst is very good at keeping the streets in good condition. They provide a lot of activities for all ages."



Public schools, low crime, good neighbors, low taxes"



Close to major highways and has a small town feel in the neighborhoods"



Good schools and kind neighbors"



Safe community. Conveniently located between Dallas and Fort Worth."



Great and safe place to live"

We greatly appreciate everyone who took the time to take our citizen survey to let us know how we are doing. The city council takes your responses into consideration when developing the city budget each year and as they plan for future projects. We were left especially encouraged by your positive feedback about what you love most about your city!

# A Letter

## from your Deputy City Manager

Since 1980, I have had the privilege of calling Hurst the place where I work and where I have raised a family. My daughter was born here, and her daughter is among the newest generation of Hurst residents. Hurst is a great place to live, work, play and raise a family. Hurst is in my heart and in my blood.



In 39 years, I have seen the City of Hurst transform in so many ways. During my tenure, we have built a Senior Activities Center, expanded the library, opened state of the art Aquatics Centers (twice), established city-wide beautification areas, and built an array of services in our Parks and Recreation system that contribute to making Hurst a vibrant community. Change is what helps us grow, and I have seen Hurst change, grow, and continue to be the most incredible place to live. Now, it is time for me to change and grow into the next stage of my life. I am retiring from the position of Deputy City Manager.

Before I take on the new challenges awaiting me in private life, I want to take the time to acknowledge the amazing people with whom I have worked. Over the years, I have had the privilege of working with some of the most dedicated neighbors, professionals, and elected officials in the world. You the citizens, employees, and public servants of this city have allowed me to accomplish a great deal and leave behind a legacy that my children and grandchildren will enjoy and be proud of for years to come. The City Council, Senior Board, Library Board, Parks Board, Historical Committee and City Manager have supported me, been trusted sounding boards, and held me accountable so that together we could make Hurst one of the most livable cities in Texas. My staff have been my eyes, ears, and hands in the community, working tirelessly to make this city a vibrant place to live. And you, the people of Hurst, have been my driving force.

Thank you for being my neighbors and letting me be a part of your lives. It has been an honor to live alongside you and serve you.

— Allan Heindel



# Heritage Village Presents

One of our favorite services we get to offer our residents is a series of fun, free events that are available for the entire family to enjoy throughout the year. Hurst is well known for our sense of pride and community, and you'll see that first hand when you visit one of our Heritage Village Presents events! These events are held at Heritage Village Plaza, located at 841 W. Pipeline Rd. in the spring and fall.



Be sure to mark your calendar for Summer Kickoff on May 30! Pack a picnic dinner and bring a blanket or some lawn chairs, and enjoy a great start to summer! The fun begins at 6 p.m. with bounce house obstacle courses, a Touch-A-Truck exhibit and a photo booth to capture fun memories with friends and family! The Hurst Public Library will be onsite offering Summer Reading Club sign-up and information. Electric Circus will be giving an exciting performance from 6:30-8 p.m., and complimentary ice cream treats will also be available. For more information, contact Community Services at 817-788-7305. We can't wait to see you there!

## Upcoming fall events:

**September 5** – Salsa y Salsa

**October 3** – Dogtoberfest

**November 1** – Movie in the Park

## Household Hazardous Waste Collection Event

**Saturday, July 13, 8-11 a.m.**

**Hurst Service Center - 2001 Precinct Line Rd**

Bring your household hazardous waste to the Service Center along with an ID and Hurst water bill.

Accepted items: Automotive fluids, batteries, cleaners & degreasers, cooking oil, lawn/garden/pool chemicals, light bulbs, and paint. There is a limit on paint of three five-gallon containers.

Items not accepted: Ammunition or explosives, appliances or electronics, building materials, bulk trash and yard waste, butane or propane cylinders, medicines or sharps, and tires.

Document shredding will be available. Three (3) box limit, no larger than 15"x12"x10" accepted. Limited space. First come, first served.

## Tarrant County Housing Repair Program

Do you know someone who . . .

- Owns their home
- Has a lower income
- Is either over 62, disabled (receiving Social Security disability) or has dependent children living at home

And is in need of a home repair project?

Tarrant County offers a housing repair program with assistance from the City of Hurst to provide roof, foundation, plumbing, electrical and weatherization for homeowners. Please call Tarrant County Community Development office at 817-850-7940 for more information or to apply.

Help us celebrate National Parks and Recreation Month! This calendar is a list of City of Hurst Parks and Recreation events and suggested activities for families.



**Aquatics**



**Parks**



**Recreation Center/  
Tennis Center/  
Special Events**



**Senior Center**  
*Must be 55 or older*



Use **#GameOnHurst** and share your photos with us on Facebook and Instagram at Hurst Parks and Recreation!

# JULY EVENTS

SUNDAY	MONDAY	TUESDAY
	<b>1</b> <b>Share Your Catch</b> Chisholm Pond Share a photo of your catch! #shareyourcatch	<b>2</b>
<b>7</b> <b>Game Day</b> Hurst Recreation Center During regular open hours Share your photos! #GameOnHurst	<b>8</b> <b>Bump, Set, Spike</b> Hurst Community Park Volleyball Courts	<b>9</b>
<b>14</b> <b>#rentacourt</b> Hurst Tennis Center	<b>15</b> <b>Share Your Catch</b> Chisholm Pond Share a photo of your catch! #shareyourcatch	<b>16</b> <b>Game On</b> Vivagene Copeland Basketball Dream Court! #GameOnHurst
<b>21</b> <b>Play Safe</b> Chisholm Aquatics Center Stop by to take a swim and learn about water safety 1-3 p.m.	<b>22</b>	<b>23</b> <b>Pickleball</b> Hurst Recreation Center and Smith-Barfield Park #GameOnHurst
<b>28</b> <b>Game Day</b> Enjoy bigger than life games! Hurst Recreation Center During regular open hours Share your photos! #GameOnHurst	<b>29</b> <b>Share Your Catch</b> Chisholm Pond Share a photo of your catch! #shareyourcatch	<b>30</b>

For detailed information on events and activities, visit  
[hursttx.gov/recreation](http://hursttx.gov/recreation)

2019

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>3 Summer Fun with the Grandkids</b> Seniors bring your grandkids for lunch, activities and an ice cream sundae bar! <b>Hurst Senior Center</b> \$5 per person. Pre-registration Noon-2 p.m.	<b>4 Hurst Stars &amp; Stripes</b> Hurst Community Park 5-10 p.m. <b>Splash around at the pools!</b> Bring the whole family 10 a.m.-6 p.m. Hurst Aquatic Centers	<b>5</b>	<b>6 Go Play</b> Smith-Barfield Playground Share your photos! #GameOnHurst
<b>10</b>	<b>11</b>	<b>12 Frozen Friday</b> Enjoy a FREE frozen treat <b>Hurst Senior Center (55+)</b> and <b>Hurst Community Park</b> 3:30 p.m. While supplies last Membership not required	<b>13 Dive-In Movie</b> Central Aquatics Center \$5 per person Season pass holders FREE Gates open at 7:30 p.m.
<b>17</b>	<b>18 Variety Game Night</b> Hurst Senior Center Bring a snack to share and your favorite card or board game Bowling, tennis and more! 5:30-8:30 p.m. Membership not required	<b>19 Coffee in the Park</b> Chisholm Park <b>FREE coffee</b> 8:30-10:30 a.m.	<b>20 FREE Yoga</b> Hurst Recreation Center 1-2 p.m.
<b>24</b>	<b>25 Game On</b> <b>Alley Cats Entertainment</b> Come celebrate Parks and Recreation Month <b>Look for event flyer and social media post for a discount!</b>	<b>26 Pool Tournament</b> Hurst Senior Center 11 a.m.-4 p.m.	<b>27 Zumbathon</b> National Dance Day FREE zumba class Hurst Recreation Center 9-10 a.m. <b>Shark Night</b> Chisholm Aquatics Center 7-9 p.m.
<b>31 Strut Your Mutt</b> Bring your pup to Chisholm Park Pups will get FREE treats! 5:30-7:30 p.m.	<h2>Let's play BINGO!</h2> <p>Get your Game On Bingo Card at the Hurst Recreation Center or online at <a href="http://hursttx.gov/recreation">hursttx.gov/recreation</a> and play along! Awesome prizes are just waiting to be won!</p>		

# Hurst Public Library

901 Precinct Line Road, Hurst, TX // 817-788-7300 // [www.HurstTX.gov/Library](http://www.HurstTX.gov/Library)



## HEB Reads - A Universe of Stories

Summer Reading Club 2019 May 1-July 31

Books can really take you out of this world, and the Hurst Public Library is the place to find books! Join the Summer Reading Club for reading fun, prizes, and lots of special events. Registration begins May 1. Rack up your reading minutes after you've registered through July 31. Special weekly programs and prize distribution begin the week of June 3. Come to the Library to register or register online at [hursttx.gov/library](http://hursttx.gov/library).

The fun continues May 30 with Heritage Village Presents: Summer Kick-Off from 6-8 p.m. featuring a concert at 6:30 p.m. Bring a picnic dinner and enjoy free inflatables, ice cream treats, and more!

You are also invited to come to one of the joint events to register and celebrate summer reading:

- **HEB Reads** – Saturday, May 4, 10 a.m.-1 p.m. at Pennington Field in Bedford
- **Birdville ISD Reads** – Saturday, June 1, 10 a.m.-1 p.m. at the Fine Arts/Athletic Complex in NRH

Both of these collaborative events will have a wide variety of activities, food, and information about what's happening this summer at the various participating libraries in the area.





Monday, Wednesday, Friday, Saturday: 10:00AM-6:00PM // Tuesday, Thursday: 10:00AM-9:00PM



## Ongoing Adult Programs

### Brown Bag Book Club

First Thursday of the month at noon in the Library reading alcove.

Join us for an informal book discussion.

**May 2** – *From the Ground Up* by Amy Stewart

**June 6** – *Eleanor & Park* by Rainbow Rowell

**July 5** – *I Was Told to Come Alone* by Souad Mekhennet

**August 1** – *The Strange and Beautiful Sorrows of Ava Lavender* by Leslye Walton

### Trinity Writer's Workshop

Join us for our Writer's Workshop. Network and collaborate with other aspiring authors and hone your craft!

7:00-9:00PM // T

### Adult Games, Games, Games!

Come play games and meet new people at the Library! Play Ticket to Ride, Clue, cards, Splendor, and more! Or bring your own game to share!

7:00PM // First Thursday

2:00PM // Third Saturday

# Hurst Public Library



## Ongoing Youth Programs

---

### Chess Club

---

Elementary School Ages + // 4:00-5:00PM // M

### Story Time

---

3 - 6 Years // 10:45-11:15AM // T

### Toddler Time

---

1 - 3 Years // 10:00-10:30AM // M & TH

### 1,000 Books Before Kindergarten

---

Children who have not started kindergarten and their caregivers.

A self-paced, ongoing program to provide a simple, innovative yet fun approach to establishing strong early literacy skills in young children by reaching the goal of reading 1,000 books before kindergarten; incentives for every 100 books read through 1,000. To register, go to [www.hursttx.gov/kidstuff](http://www.hursttx.gov/kidstuff).

## Youth Programs

---

### Babygarten

---

Babies, Birth to 18 Months, with Caregiver

Babygarten is an educational curriculum involving songs, rhymes and activities that help babies with language acquisition and pre-literacy skills. Space is limited, so please register at 817-788-7302. Registration for the Wednesday sessions begins May 8 at noon and for the Saturday sessions on May 11 at noon.

#### Wednesday Sessions

10:30-11:30AM // W // 6/12-7/17

#### Saturday Sessions

10:30-11:30AM // S // 6/15-7/20

### Astronaut Tots Mondays

---

Programs for Kindergartners and younger.

11:00AM // M

**June 10** - Music and Magic with Cowboy Tex

**June 24** - Puppet People - three out of this world puppet shows

**July 15** - ARoo4u

**July 29** - Puppet People - three extra orbits of puppet shows



## Space Traveling Tuesdays

Programs for the whole family.

**7:00PM // T**

**June 4** - Make Space

**June 11** - Space Race

**June 18** - Comets & Meteors & Asteroids, Oh My!

**June 25** - Puppet People - three out of this world puppet shows

**July 2** - Blast off with Rockets

**July 9** - Star Light, Star Bright

**July 16** - To the Moon - 50 years later!

**July 23** - Alien Encounter

**July 30** - Puppet People - three extra orbits of puppet shows

## Out of this World Wednesdays

Programs for 1st-6th graders.

**June 5, 2:00PM** - Mad Science

**June 12, 2:00PM** - The Science of Spin with Val Oliver

**June 19, 12:45PM & 2:00PM** - Animal Adventures with the Dallas Zoo

**June 26, 2:00PM** - Grace Hula Dancers

**July 3, 2:00PM** - James Wand "The Secret Agent Magic Show"

**July 10, 12:45PM & 2:00PM** - Wildlife on the Move "Cool, Cold-Blooded Critters"

**July 17, 2:00PM** - David Slick Juggling

**July 24, 2:00PM** - Brett Roberts "Space Magic"

## Back to Earth Ending

A STEMfest of fun for the whole family—and a little bit after hours! Celebrate the last orbit of summer reading with the Think Tank, sno-cones, and popcorn.

**5:00-7:00PM // W // 7/31**

## Make & Take Craft

Stop by our table in the Library lobby for a FREE Seasonal craft for you to make and take home with you.

This craft is for all ages, but our younger Library friends may need help from an adult or older sibling.

**6:30-7:30PM // TH // 6/13, 7/11**





# Hurst Public Library



## Teen Zone

All programs are open to teens in grades 6-12 unless otherwise noted.

All programs are open to teens in grades 6-12 unless otherwise noted.

### Chess Club

Students of all ages through high school

4:00-5:00PM // M

### Volunteer Opportunities

Ages 14-18

Do you need volunteer hours this summer? Have you considered volunteering at the Library? We need lots of help with the Summer Reading Club. Come by the Library or check the website starting to get information on how to apply.

### Wormhole Wellness Party

Kick off your summer with some out-of-this-world self-care DIYs.

6:30PM // TH // June 6

### Interstellar Summer Sci-Fi Movies: *Guardians of the Galaxy* (PG-13)

Enjoy free popcorn in the Teen Zone as you travel through time and space with some sci-fi movie favorites.

6:30PM // TH // June 13

### Laser Tag Tournament

Get your battle royale on. Cosplay is encouraged!

6:30PM // TH // June 20

### Galaxy Game Night

Rove your way through a variety of space-themed board games, or try your hand at Star Wars Battlefront on the Xbox.

6:30PM // TH // June 27

### Interstellar Summer Sci-Fi Movies: *A Wrinkle in Time* (PG-13)

Enjoy free popcorn in the Teen Zone as you travel through time and space with some sci-fi movie favorites.

6:30PM // TH // July 11

### Space Pirates ATTACK Escape Room

Work as a team to find clues and solve puzzles to find a way to stop the space pirates and escape before time runs out!

6:30PM // TH // July 18

### Cosmic Carnival

Congrats! You made it through SRC. Celebrate at our cosmic carnival with festive aliens, extraterrestrial snacks, unearthly crafts, and more!

6:30PM // TH // July 25





## Programs for All Ages

### Masterworks at the Library

MasterWorks Music Series is an ongoing concert series funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with Arts Council Northeast. These free concerts are held at 7:00PM the 4th Thursday of each month at the Hurst Public Library.

**May 30** – *Summer Kick Off!* at Heritage Village Park featuring *Electric Circus*

**June 27** – Harp Essence

**July 25** – Boitumelo!

**August 22** – Dallas Black Dance

### Noon Masterworks at the Library

This summer, join us for two special noon MasterWorks Music Series performances. These two free concerts will be held at noon on the second Friday of June and July at the Hurst Public Library.

**June 14** – Big Bang Boom

**July 12** – StudioB Orchestra

### Friday Movie Matinees

#### For All Ages

Join us on Fridays to beat the heat indoors and watch new release DVD movies on the big screen in the Library program room. Free popcorn! Drinks available for purchase in the Friends Café or bring your own.

**3:00PM // F // June 7-August 16**



**Classes begin the week of June 3**

(unless otherwise indicated)



# HURST RECREATION CENTER

Hurst Recreation Center offers opportunities to reach fitness goals

If your Summer Goal is to improve your personal health, wellness and fitness, the Hurst Recreation Center is the place for you. Our very affordable rates for both annual and daily passes will help you get on the right track to accomplish all of your goals!

Come and enjoy our activities and programs: 100's of classes, shoot hoops with your friends, enjoy a game of racquetball, volleyball or pickleball, use the jogging/walking track to get some exercise, or work out in our state-of-the-art fitness center. Equipment for all activities are available for check out with your "Quality of Life" Rec Card at the front desk of the Recreation Center.

If fitness is your thing, there are many fitness classes to help you reach all of your fitness goals. You can also schedule a session with our personal trainers to formulate a custom-designed fitness plan. The Cardio Room is equipped with state-of-the-art treadmills and ellipticals, crosstrainers, and lateral trainers, all of which have individual television screens that will allow you to watch your favorite TV show while you workout. You can also use your iPod to listen to your favorites or enjoy our HDTVs while using not only our treadmills

and ellipticals, but our bikes, stairclimbers, rowing machines and seated crosstrainers as well. There is literally something for everyone! And any complete fitness program includes a strength training regimen. We have an extensive selection of plate-loaded strength equipment, new machined weights, as well as dumbbells and flexibility equipment. For more information on any of our activities or classes, contact the Recreation Center 817-788-7325.

## Our Commitment to Quality

Your satisfaction is our goal. We strive to provide you with quality recreation programs, and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational and lifelong health and fitness opportunities.

If you are not completely satisfied with your recreational experience, please call us at 817-788-7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.



## Hours of Operation

Monday–Thursday // 6:30AM–10:00PM

Friday // 6:30AM–6:00PM

Saturday // 9:00AM–6:00PM

Sunday // 1:00PM–6:00PM

## Contact Information

700 Mary Drive  
Hurst, TX 76053  
817-788-7325

\* Members ages 12-13 must have an adult present at all times to use the Fitness Rooms. Members ages 12-15 must provide proof of age when registering for a Youth Fitness Pass.

## Recreation Center Fees

### Hurst Residents

Daily Pass: **\$2**

Youth Annual Pass (6-15 Years):  
**\$20 Per Year**

Youth Fitness Annual Pass (12-15 Years):  
**\$50 Per Year (\$5/monthly draft)**  
\* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):  
**\$50 Per Year (\$7/monthly draft)**

Senior Annual Pass (65+ Years):  
**\$20 Per Year (\$4/monthly draft)**

Family Annual Pass:  
**\$125 Per Year (\$13/monthly draft)**

Replacement Card Fee: **\$5**

### Non-Hurst Residents

Daily Pass: **\$10**

Youth Annual Pass (6-15 Years):  
**\$80 Per Year**

Youth Fitness Annual Pass (12-15 Years):  
**\$200 Per Year (\$18/monthly draft)**  
\* 12-13 Years must have adult supervision

Adult Annual Pass (16-64 Years):  
**\$200 Per Year (\$20/monthly draft)**

Senior Annual Pass (65+ Years):  
**\$80 Per Year \$9/monthly draft)**

Family Annual Pass:  
**\$400 Per Year (\$35/monthly draft)**

Replacement Card Fee: **\$5**

*Help Us Help You!*

## Please Enroll Early

Help us keep your favorite classes around by enrolling early. There is a point when a class must be canceled due to low enrollment. Help us prevent class cancellations by registering early!



## 3 Years and Younger Programs

### ABC & 123

2 - 3 Years // Supply fee \$5

Come create fun projects to help with letters and number concepts. We will use multi-sensory activities and crafts to develop these skills.

*Instructor: Tawny Goetschius*

#### Summer I

15123-A

9:30-10:00AM // M // 4WKS // 6/3 // \$18

#### Summer II

16123-A

9:30-10:00AM // M // 4WKS // 7/8 // \$18

### Awesome Two's

2 Years // Supply fee \$5

Let's get together and play! We will learn our shapes and colors, create crafts, and just have a blast playing and learning at the same time!

*Instructor: Dottie Nicholson*

#### Summer I

15090-A

9:00-9:45AM // M // 4WKS // 6/3 // \$19

#### Summer II

16090-A

9:00-9:30AM // M // 4WKS // 7/8 // \$19

### »» Please Remember

Registration for classes must be completed in advance. The deadline for registration in youth programs is one week prior to the start date of the class.

### »» Please Remember

To assist in providing a good learning environment, students ages 3 and up must be toilet trained.



### Claytime fun

2 Years // Supply fee \$10

Does your pre-schooler need to work on those fine motor skills? Clay is a great tool for working on those skills while having fun!

*Instructor: Dottie Nicholson*

#### Summer I

15125-A

9:00-9:30AM // W // 4WKS // 6/5 // \$18

### Happy Feet

2 Years

Let's get those feet tapping and those bodies moving! We will have fun with music and movement while working on the development of our gross motor skills.

*Instructor: Dottie Nicholson*

#### Summer I

15095-A

9:00-9:30AM // F // 4WKS // 6/7 // \$18

#### Summer II

16095-A

9:00-9:30AM // F // 4WKS // 7/12 // \$18

### Little Painters

2 - 3 Years // Supply fee \$5

Let the artist in your child shine through! We'll create masterpieces using finger paints, stencils, sponges, and even rocks!

*Instructor: Dottie Nicholson*

#### Summer I

15333-A

10:00-10:30AM // M // 4WKS // 6/3 // \$18

#### Summer II

16333-A

10:00-10:30AM // M // 4WKS // 7/8 // \$18





## 3 Years and Younger Programs

## Little Tyke Soccer

2-3 Years

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport. (Tennis shoes required)

*Instructor: Keely Castillo*

### Summer I

15600-A

9:30-10:00AM // F // 4WKS // 6/7 // \$18

### Summer II

16600-A

9:30-10:00AM // F // 4WKS // 7/12 // \$18

## Parent Tot Music & Crafts

18 MOS - 2 Years // Supply fee \$10

It's playtime! Come explore music and crafts that help with fine motor skills, as well as play games associated with gross motor skills and interactions with others. At least one parent required.

*Instructor: Dottie Nicholson*

### Summer II

16130-A

9:00-9:30AM // W // 4WKS // 7/10 // \$18

## Parent Tot Soccer

1-2 Years

Time to not only play with your tot, but get some exercise as well! We will learn the basics of soccer and how to make a G0000000AAAAAALLLLL! (Tennis shoes required.) One child per parent.

*Instructor: Keely Castillo*

### Summer I

15700-A

9:00-9:30AM // F // 4WKS // 6/7 // \$18

### Summer II

16700-A

9:00-9:30AM // F // 4WKS // 7/12 // \$18



### »»» Please Remember

Class supply fees are due to the instructor on the first class.

### »»» Please Remember

In order to provide the best learning environment, and with the student's best interest in mind, we ask that parents/guardians dropping off students for class remain in one of the designated lobby areas once the class begins. The quality of instruction is enhanced by minimizing interruptions.

## Shapes & Colors

2-3 Years // Supply fee \$5

Let's have fun together learning all about different shapes and colors!

*Instructor: Tawny Goetschius*

### Summer I

15405-A

10:30-11:00AM // M // 4WKS // 6/3 // \$18

### Summer II

16405-A

10:30-11:00AM // M // 4WKS // 7/8 // \$18

## 3 Years and Older Programs

### All Sports

5 - 6 Years // Tennis shoes required

Let's get moving and get a taste of all the sports!

*Instructor: Keely Castillo*

#### Summer I

15000-A

4:30-5:00PM // W // 4WKS // 6/5 // \$18

15000-B

11:00-11:30AM // F // 4WKS // 6/7 // \$18

#### Summer II

16000-A

4:30-5:00PM // W // 4WKS // 7/10 // \$18

16000-B

11:00-11:30AM // F // 4WKS // 7/12 // \$18



#### NEW CLASS!

### Ballet

3 - 5 Years

Let your inner ballerina come to life! Your little dancer will safely and effectively learn basic ballet and stretching techniques while twirling into a social butterfly! (Ballet shoes, pink or black dance leotard and tights required.)

*Instructor: Jennifer Shafer*

#### Summer I

15180-A (3-4 Years)

11:00-11:30AM // M // 4WKS // 6/3 // \$18

15180-B (4-5 Years)

11:00-11:30AM // F // 4WKS // 6/7 // \$18

#### Summer II

16180-A (3-4 Years)

11:00-11:30AM // M // 4WKS // 7/8 // \$18

16180-B (4-5 Years)

11:00-11:30AM // F // 4WKS // 7/12 // \$18

### Bugs, Bugs, Bugs

3 - 6 Years // Supply fee \$5

Do you like watching those creepy critters in your backyard? We will learn all about insects and even conduct some live inspections of specimens.

*Instructor: Dottie Nicholson*

#### Summer I

15222-A

11:30-Noon // M // 4WKS // 6/3 // \$18

#### Summer II

16222-A

11:30-Noon // M // 4WKS // 7/8 // \$18

#### NEW CLASS!

### Cake Decorating for Kids

4 - 7 Years // Supply fee \$10

Pass the sprinkles and icing! Learn the basic skills of cake and cookie decorating.

*Instructor: Stacie Castillo*

#### Summer I

15020-A

9:30-10:00AM // TH // 4WKS // 6/6 // \$18

#### Summer II

16020-A

9:30-10:00AM // TH // 4WKS // 7/11 // \$18

### Cooking for Fun

3 - 6 Years // Supply fee \$10

Let's learn about different foods and how to prepare them for us to enjoy!

*Instructor: Dottie Nicholson*

#### Summer I

15250-A

10:45-11:30AM // F // 4WKS // 6/7 // \$19

#### Summer II

16250-A

10:45-11:30AM // F // 4WKS // 7/12 // \$19

#### NEW CLASS!

### Creative Art for Kids

4 - 7 Years // Supply fee \$5

Get creative and have fun with art! We will make a variety of artworks including drawing, painting, printmaking and sculpture.

*Instructor: Michelle King (Certified EC-12 Art Teacher)*

#### Summer II

16033-A

10:00-10:30AM // TH // 4WKS // 7/11 // \$18

## 3 Years and Older Programs



## Cheer

3 - 6 Years

Here's your first step in learning to be a cheerleader. You will learn basic motions, jumps, and cheers. Please wear comfortable shorts, t-shirt, tennis shoes, and wear your hair pulled back.

*Instructor: Tawny Goetschius*

### Summer I

15080-A

Noon-12:30PM // M // 4WKS // 6/3 // \$18

### Summer II

16080-A

Noon-12:30PM // M // 4WKS // 7/8 // \$18

## Claymates

3 - 6 Years // Supply fee \$10

Does your pre-schooler need to work on those fine motor skills? Clay is a great tool for working on those skills while having fun!

*Instructor: Dottie Nicholson*

### Summer I

15145-A

9:45-10:15AM // W // 4WKS // 6/5 // \$18

## Dinosaurs

3 - 6 Years // Supply fee \$5

You think you know your dinosaurs? Learn about new ones! These are some of the cutest dinos to ever roam the Earth, but you may not have heard of them!

*Instructor: Dottie Nicholson*

### Summer I

15699-A

9:45-10:30AM // F // 4WKS // 6/7 // \$19

### Summer II

16699-A

9:45-10:30AM // F // 4WKS // 7/12 // \$19

## Doodle O's

3 - 6 Years // Supply fee \$5

Come have fun learning how to draw using our basic shapes!

*Instructor: Dottie Nicholson*

### Summer II

16114-A

9:45-10:15AM // W // 4WKS // 7/10 // \$18

## Hotwheelers

3 - 6 Years // Supply fee \$5

Vroom! Vroom! Calling all car enthusiasts for a fun time playing, crafting, stories and games all about cars!

*Instructor: Dottie Nicholson*

### Summer I

15140-A

11:00-11:45AM // TH // 4WKS // 6/6 // \$19

### NEW CLASS!

## Kids Cooking

3 - 6 Years // Supply fee \$10

Let's have fun cooking kid friendly food, made for the kids soul!

*Instructor: Stacie Castillo*

### Summer I

15205-A

10:00-10:45AM // TH // 4WKS // 6/6 // \$20



## 3 Years and Older Programs

### NEW CLASS!

### Kitchen Chem Fun

3 - 6 Years // Supply fee \$10

In this class we will use food for lots of fun science experiments.

*Instructor: Stacie Castillo*

#### Summer I

15305-A

9:00-9:30AM // TH // 4WKS // 6/6 // \$18

#### Summer II

16305-A

9:00-9:30AM // TH // 4WKS // 7/11 // \$18

### Let's Paint

3 - 6 Years // Supply fee \$5

We'll create masterpieces using finger paints, stencils, sponges, and even rocks!

*Instructor: Dottie Nicholson*

#### Summer I

15115-A

10:30-11:00AM // W // 4WKS // 6/5 // \$18

#### Summer II

16115-A

10:30-11:00AM // W // 4WKS // 7/10 // \$18



### Little Tyke Soccer

3 - 6 Years // Tennis shoes required

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

*Instructor: Stacie Castillo*

#### Summer I

(3 - 4 Years)

15600-B

5:00-5:30PM // W // 4WKS // 6/5 // \$18

(4 - 6 Years)

15600-C

10:00-10:30AM // F // 4WKS // 6/7 // \$18

#### Summer II

(3 - 4 Years)

16600-B

5:00-5:30PM // W // 4WKS // 7/10 // \$18

(4 - 6 Years)

16600-C

10:00-10:30AM // F // 4WKS // 7/12 // \$18

### My Little Princess

3 - 6 Years // Supply fee \$5

Calling all princess of the royal kingdom! We will learn while having fun dressing up, role playing, listening to music and creating crafts.

*Instructor: Dottie Nicholson*

#### Summer II

16111-A

11:00-11:45AM // TH // 4WKS // 7/11 // \$19

### Phonics Fun

3 - 5 Years // Supply fee \$5

Come learn your letters and sounds with fun projects. We will work together to learn our letters.

*Instructor: Tawny Goetschius*

#### Summer I

15030-A

10:00-10:30AM // M // 4WKS // 6/3 // \$18

#### Summer II

16030-A

10:00-10:30AM // M // 4WKS // 7/8 // \$18

### Pre-K 3's Summer Fun

3 Years // Supply fee \$10

This class will help your little one prepare for starting Pre-Kindergarten. We will use fun, summery themes to work on alphabet and number recognition, writing and scissor skills, arts, crafts and listening. Students will grow their socializing skills, fine motor skills and gross motor skills.

*Instructor: Dottie Nicholson*

#### Summer I

15052-A

9:00-10:30AM // TTH // 4WKS // 6/4 // \$65

#### Summer II

16052-A

9:00-10:30AM // TTH // 4WKS // 7/9 // \$65

### NEW CLASS!

### Preschool Ballet

4 - 6 Years

Your preschooler will work on creative movement, spatial awareness and the fundamentals of ballet. (Pink tights and ballet shoes required.)

*Instructor: Cyndi Duff*

#### Summer I

15185-A

4:30-5:00PM // M // 4WKS // 6/3 // \$18

15185-B

11:00-11:30AM // T // 4WKS // 6/4 // \$18

#### Summer II

16185-A

4:30-5:00PM // M // 4WKS // 7/8 // \$18

16185-B

11:00-11:30AM // T // 4WKS // 7/9 // \$18

### »» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.



## 3 Years and Older Programs

## Science Fun

3 - 6 Years // Supply fee \$10

Create some fun experiences using science and learn more about our earth.

*Instructor: Dottie Nicholson*

### Summer I

15206-A

10:45-11:15AM // M // 4WKS // 6/3 // \$18

### Summer II

16206-A

10:45-11:15AM // M // 4WKS // 7/8 // \$18

## Summer Craft Fun

3 - 5 Years // Supply fee \$5

Let's use music to get our creativity flowing to make summer crafts! We will use paints, scissors and glue to create wonderful masterpieces with a summery theme.

*Instructor: Tawny Goetschius*

### Summer I

15015-A

11:15-11:45AM // M // 4WKS // 6/3 // \$18

### Summer II

16015-A

11:15-11:45AM // M // 4WKS // 7/8 // \$18

## Superheroes

3 - 6 Years // Supply fee \$5

Do you have super powers? We will learn what it takes to be a superhero. We will play together and learn through stories, crafts, and superhero challenges.

*Instructor: Dottie Nicholson*

### Summer I

15100-A

11:15AM-Noon // W // 4WKS // 6/5 // \$19

### Summer II

16100-A

11:15AM-Noon // W // 4WKS // 7/10 // \$19

### NEW CLASS!

## Sweets Galore!

3 - 6 Years // Supply fee \$10

Come make and taste a new sweet treat each week!

*Instructor: Stacie Castillo*

### Summer II

16029-A

10:00-10:45AM // TH // 4WKS // 7/11 // \$20

### NEW CLASS!

## Tap

3 - 5 Years // Tap shoes required

Clickity Clack Tap! Your little tapper will dance the night away with this fun class! We will learn basic tap techniques all while making lots of noise! (Pink or black dance leotard and tights for girls, white shirt and black shorts/pants for boys.)

*Instructor: Jennifer Shafer*

### Summer I

15065-A (3-4 Years)

11:30AM-Noon // M // 4WKS // 6/3 // \$18

15065-B (4-5 Years)

11:30AM-Noon // F // 4WKS // 6/7 // \$18

### Summer II

16065-A (3-4 Years)

11:30AM-Noon // M // 4WKS // 7/8 // \$18

16065-B (4-5 Years)

11:30AM-Noon // F // 4WKS // 7/12 // \$18

## Zumba Kids Jr.

4 - 6 Years // Tennis shoes required

Classes that are rockin', high-energy dance parties packed with kid-friendly routines. To help develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun!

*Instructor: Cyndi Duff*

### Summer I

15900-A

5:10-5:40PM // M // 4WKS // 6/3 // \$18

15900-B

11:00-11:30AM // W // 4WKS // 6/7 // \$18

### Summer II

16900-A

5:10-5:40PM // M // 4WKS // 7/8 // \$18

16900-B

11:00-11:30AM // W // 4WKS // 7/10 // \$18



## Youth Programs

### Adventures Around the World

7+ Years // Supply fee \$10

Let's take a trip around the world to new places! We will learn about food, games, and products that come from that country.

*Instructor: Dottie Nicholson*

#### Summer I

25225-A

3:45-4:30PM // T // 4WKS // 6/4 // \$19

### Ballet

6 - 11 Years // Ballet shoes required

In this class you will perform basic barre and center work. We will also work on technique, phrasing, timing and other foundational dance concepts.

*Instructor: Sherri Longino*

#### Summer I

25120-A

5:45-6:15PM // TH // 4WKS // 6/6 // \$18

#### Summer II

26120-A

5:45-6:15PM // TH // 4WKS // 7/11 // \$18

### Basketball 101

7 - 12 Years // Tennis shoes required

Dribbling, passing and shooting are all part of the basics of basketball. Let's give it a try!

*Instructor: Keely Castillo*

#### Summer I

25101-A

6:00-6:30PM // W // 4WKS // 6/5 // \$18

#### Summer II

26101-A

6:00-6:30PM // W // 4WKS // 7/10 // \$18

#### NEW CLASS!

### Beginning Ballet

7 - 12 Years // Ballet shoes required

Your child will be working on the fundamentals of ballet through barre and floor work. (Pink tights and ballet shoes required.)

*Instructor: Cyndi Duff*

#### Summer I

25185-A

4:30-5:00PM // W // 4WKS // 6/5 // \$18

25185-B

11:00-11:30AM // TH // 4WKS // 6/6 // \$18

#### Summer II

26185-A

4:30-5:00PM // W // 4WKS // 7/10 // \$18

26185-B

11:00-11:30AM // TH // 4WKS // 7/11 // \$18

### Ceramics

6+ Years // Supply fee \$12

Learn about mold cast ceramics from start to finish! 3-4 pieces will be completed in this session.

*Instructor: Dottie Nicholson*

#### Summer II

26720-A

2:30-3:30PM // T // 4WKS // 7/9 // \$20

### Cooking for Fun

6 - 12 Years // Supply fee \$10

Let's learn about different foods and how to prepare them for us to enjoy!

*Instructor: Dottie Nicholson*

#### Summer I

25250-A

11:45-12:30PM // F // 4WKS // 6/7 // \$19

#### Summer II

26250-A

11:45-12:30PM // F // 4WKS // 7/12 // \$19

#### NEW CLASS!

### Creative Art for Kids

8 - 12 Years // Supply fee \$5

Get creative and have fun with art! We will make a variety of artwork including drawing, painting, printmaking and sculpture.

*Instructor: Michelle King (Certified EC-12 Art Teacher)*

#### Summer II

26033-A

10:35-11:20AM // TH // 4WKS // 7/11 // \$20

### »» Please Remember

Class supply fees are due to the instructor on the first class.



## Youth Programs

## Girls Volleyball Beginner Basics

7 - 12 Years // Tennis shoes required

Do you have an interest in playing volleyball? We will learn the basics to get you started.

*Instructor: Keely Castillo*

**Summer I**

25035-A

6:30-7:00PM // W // 4WKS // 6/5 // \$18

25035-B

11:45-12:15PM // F // 4WKS // 6/7 // \$18

**Summer II**

26035-A

6:30-7:00PM // W // 4WKS // 7/10 // \$18

26035-B

11:45-12:15PM // F // 4WKS // 7/12 // \$18

## Girls Intermediate Volleyball

12+ Years // Tennis shoes required

Getting ready for Junior High or Middle School Tryouts? This is the class for you.

*Instructor: Keely Castillo*

**Summer I**

25025-A

12:15-1:00PM // F // 4WKS // 6/7 // \$19

**Summer II**

26025-A

12:15-1:00PM // F // 4WKS // 7/12 // \$19

## Guitar for Youth

8 - 11 Years // Appropriate size guitar required

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility, and strength. (Electronic clip-on tuners are suggested. Parents are welcome to participate.)

*Instructor: Jan Ryberg*

**Summer I**

25020-B

4:30-5:15PM // M // 4WKS // 6/3 // \$35

**Summer II**

26020-B

4:30-5:15PM // M // 4WKS // 7/8 // \$35

## Guitar Prep

5 - 8 Years // Half-size guitar and parent participation required

We will practice basic muscle memory, pitch and rhythm exercises laying the groundwork for good guitar technique. You will learn basic songs.

*Instructor: Jan Ryberg*

**Summer I**

25020-A

3:45-4:30PM // M // 4WKS // 6/3 // \$35

**Summer II**

26020-A

3:45-4:30PM // M // 4WKS // 7/8 // \$35



## Private Guitar Lessons

All ages

Are you looking to develop your existing guitar skills? Or are you a beginner wanting the basics of playing? Private guitar lessons are now available! Private sessions can be scheduled on Tuesdays, from 6 to 9:30 pm and on Saturdays, from 1 to 4 pm. Contact the Hurst Recreation Center to schedule lessons.

*Instructor: Jan Ryberg*

**30 Minute Lesson: \$30**

## Hippity-Hop Dance

6 - 11 Years

Interested in hip-hop dance? We will keep it fun and creative while learning basics.

*Instructor: Sherri Longino*

**Summer I**

25333-A

5:15-5:45PM // TH // 4WKS // 6/6 // \$18

**Summer II**

26333-A

5:15-5:45PM // TH // 4WKS // 7/11 // \$18

## Jewelry &amp; Crochet

7+ Years // Supply fee \$15

Bring out your crafty side! This class is all about learning to make jewelry and crocheting.

*Instructor: Dottie Nicholson*

**Summer I**

25200-A

2:30-3:30PM // T // 4WKS // 6/4 // \$20



## Youth Programs

### Karate/Self-Defense

#### 5 - 15 Years

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

*Instructor: Bob Klavitter*

#### Summer I

(Beginner 8-15 years)

25111-A

6:00-8:00PM // M // 4WKS // 6/3 // \$23

(Beginner 5-7 years)

25111-B

4:00-5:00PM // MW // 4WKS // 6/3 // \$23

(Advanced 8-15 years)

25111-C

5:00-6:00PM // MW // 4WKS // 6/3 // \$23

#### Summer II

(Beginner 8-15 years)

26111-A

6:00-8:00PM // M // 4WKS // 7/8 // \$23

(Beginner 5-7 years)

26111-B

4:00-5:00PM // MW // 4WKS // 7/8 // \$23

(Advanced 8-15 years)

26111-C

5:00-6:00PM // MW // 4WKS // 7/8 // \$23



### Kid's Fitness

#### 6 - 12 Years // Tennis shoes required

Have fun getting fit and feeling great! This P.E. style class will involve games, teamwork and workouts for your kids!

*Instructor: Kyle Massingill (Certified Master Trainer)*

#### May:

23015-B

1:00-1:45PM // MW // MONTHLY // 5/1 // \$50

#### June:

25015-A

1:00-1:45PM // MW // MONTHLY // 6/3 // \$50

#### July:

25015-B

1:00-1:45PM // MW // MONTHLY // 7/1 // \$50

#### August:

25015-C

1:00-1:45PM // MW // MONTHLY // 8/5 // \$50

### Olympic Sport of Judo

#### 5 - 13 Years

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from an 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class with new students starting on the first Monday of the month.

*Instructor: Kim Mesa (6th degree black belt and certified USA Judo International Coach)*

#### May:

23900-B

6:00-7:00PM // MW // MONTHLY // 5/6 // \$40

#### June:

25900-A

6:00-7:00PM // MW // MONTHLY // 6/3 // \$40

#### July:

25900-B

6:00-7:00PM // MW // MONTHLY // 7/1 // \$40

#### August:

25900-C

6:00-7:00PM // MW // MONTHLY // 8/5 // \$40

#### NEW CLASS!

### Precollege Solutions: College Prep Course

#### 13 - 18 Years

How college ready is your teen? How familiar are you with the following:

- College admission process
- Texas's top 10% college admission policy
- PSAT, ACT, SAT, ASVAB and their scoring
- Availability of scholarships/grants/student loans and the application process

And, what happens after your teen is accepted to college? Is he/she ready for the academic life on his/her own? Are you ready for the transition too, parent?

Precollege Solutions provides guidance, support, and resources for high school students and their parents/guardians in their journey towards post-secondary education or career achievement.

*Instructor: Shymika Stephenson-Davison*

#### Summer I

25150-A

6:00-7:30PM // T // 4WKS // 6/4 // \$150

### »» Please Remember

In order to provide the best learning environment, and with the student's best interest in mind, we ask that parents/guardians dropping off students for class remain in one of the designated lobby areas once the class begins. The quality of instruction is enhanced by minimizing interruption.



## Youth Programs

## Recycling

6+ Years // Supply fee \$10

Learn what items are recyclable and how to make them new again.

*Instructor: Dottie Nicholson*

## Summer II

26050-A

3:45-4:30PM // T // 4WKS // 7/9 // \$20

## Sewing I

7+ Years // Supply fee \$10

This class is for beginners. We will learn basic sewing techniques by hand and by machine. We will also learn how to sew by using a pattern.

*Instructor: Dottie Nicholson*

## Summer I

25420-A

11:00AM-Noon // T // 4WKS // 6/4 // \$22

## Summer II

26420-A

11:00AM-Noon // T // 4WKS // 7/9 // \$22



## Sewing II

7+ Years // Supply fee \$10

This class is for those students who have been sewing for a while and are interested in starting to work on more difficult projects.

*Instructor: Dottie Nicholson*

## Summer I

25430-A

12:15-1:15PM // T // 4WKS // 6/4 // \$22

## Summer II

26430-A

12:15-1:15PM // T // 4WKS // 7/9 // \$22

## Tap

6 - 11 Years // Tap shoes required

In this class you will learn the basic of tap dancing. We will also work on technique, phrasing, timing, and other foundational dance concepts.

*Instructor: Sherri Longino*

## Summer I

25160-A

6:15-6:45PM // TH // 4WKS // 6/6 // \$18

## Summer II

26160-A

6:15-6:45PM // TH // 4WKS // 7/11 // \$18

## »»» Please Remember

Registration for classes must be completed in advance. The deadline for registration in youth programs is one week prior to the start date of the class.

## Soccer Skills

7 - 12 Years // Tennis shoes required

Are you looking to improve your soccer skills? Grab your athletic shoes and ball, and let's get started! We will go over your basic skills and begin working on more advanced skills.

*Instructor: Keely Castillo*

## Summer I

25500-A

5:30-6:00PM // W // 4WKS // 6/5 // \$18

25500-B

10:30-11:00AM // F // 4WKS // 6/7 // \$18

## Summer II

26500-A

5:30-6:00PM // W // 4WKS // 7/10 // \$18

26500-B

10:30-11:00AM // F // 4WKS // 7/12 // \$18

## Zumba Kids

7 - 12 Years

Classes feature kid-friendly routines based on original Zumba choreography with breakdown sessions. To help develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun!

*Instructor: Cyndi Duff*

## Summer I

25030-A

11:20-11:50AM // M // 4WKS // 6/3 // \$18

25030-B

5:10-5:40PM // W // 4WKS // 6/5 // \$18

## Summer II

26030-A

11:20-11:50AM // M // 4WKS // 7/8 // \$18

26030-B

5:10-5:40PM // W // 4WKS // 7/10 // \$18

## Summer Camps

# Summer Camps

## Ready for Preschool & Kindergarten Camp

### 4 - 5 Years

Are you starting Kindergarten in the fall or looking to try out our popular Kindergarten Prep Program? Here's your chance with our Ready for Kindergarten Camp! The camp will feature all of the components of the year-long program, but on a half day schedule with the goal to help each child develop a love of learning in a safe and caring environment. The children will be exposed to reading, writing, math, and science. Supply Fee: \$10

*Instructor: Anne Stokes (Experienced and Certified School Teacher - B.S. in Education in Elementary Education and a minor in Early Childhood Education and Reading.)*

**Summer II**  
15040-A

9:00AM-Noon // M-TH // 4WKS // 7/8 // \$160

## Summer Arts Camp

### 6 - 12 Years

The City of Hurst and the Arts Council of Northeast Tarrant Count (ARTSNET) present Summer with the Arts for ages 6-12! This unique program brings all the arts to you, featuring a different type of art each week. (Featured arts may be a fine art such as painting, acting, or event music.)

*Instructor: provided by ARTS Council Northeast*

**Summer I**  
(6-9 years)  
25600-A

9:00AM-Noon // M-F // 4WKS // 6/3 // \$55

**(10-12 years)**  
25600-B

1:00-4:00PM // M-F // 4WKS // 6/3 // \$55



### NEW CAMP!

## Animakers Factory

### 6 - 11 Years

Join our group of creators and inventors. Use motors, cables, batteries, buzzers, propellers and other materials to create your own toys. Apply principles of friction, speed, simple machines and gear assembly to invent things that you can play with the rest of the summer. If you are creative and like making things this camp if for you!

*Instructor: BRAINopolis*

**Summer II**  
26605-A

9:00AM-Noon // M-F // 1WK // 7/8-7/12 // \$135

### NEW CAMP!

## Fortnite Gliding

### 6 - 11 Years

Based on the apocalyptic survival game theme, the kids will use the scratch coding tool to recreate the floating bus, aerostatic balloon and glider effect. The kids will trace their own digital images, design the landing terrain and use coding to animate the flying and landing scenes. This camp will focus on creativity and programming logic. It will not include any destruction or violence. The kids are welcome to bring their own electronics to play during the break.

*Instructor: BRAINopolis*

**Summer II**  
26605-B

1:00-4:00PM // M-F // 1WK // 7/8-7/12 // \$135

### NEW CAMP!

## Drones & Aviation

### 8 - 13 Years

Soar the skies in this aviation adventure! You will participate in missions to fly drones, create take home models of flying objects such as a motorized helicopter, plane, parachute, UFO and space-ship. You will learn about FAA rules, drone flying safety, aerodynamics, self driven planes and other inventions that will impact the future of aviation. Brainopolis will provide the safety equipment and materials. For the safety of the kids, unruly and unsafe behavior will not be tolerated.

*Instructor: BRAINopolis*

**Summer II**  
26605-C

9:00AM-Noon // M-F // 1WK // 7/22-7/26 // \$135

### NEW CAMP!

## Building Bolts for Nuts

### 7 - 12 Years

Join our construction challenge as we use nuts, bolts and tools to create structures and apply principles of mechanics to build mobile toys. This program enhances the use of critical thinking to decide how to optimize resources to complete projects, encourages creativity and the ability to apply divergent thinking while developing motor skills, eye-hand coordination and spatial skills.

*Instructor: BRAINopolis*

**Summer II**  
26605-D

1:00-4:00PM // M-F // 1WK // 7/22-7/26 // \$135

## GYMNASTICS

## Parent/Tot Tumbling

16 - 36 Mos // One Child Per Parent

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling and coordination.

## Summer I

Instructor: Tammy Slovensky

35040-A

9:30-10:00AM // T // 4WKS // 6/4 // \$18

35040-B

11:30AM-Noon // T // 4WKS // 6/4 // \$18

35040-C

9:30-10:00AM // W // 4WKS // 6/5 // \$18

Instructor: Miranda Kirkpatrick

35040-D

4:30-5:00PM // W // 4WKS // 6/5 // \$18

35040-E

9:30-10:00AM // TH // 4WKS // 6/6 // \$18

Instructor: Jennifer Shafer

35040-F

9:00-9:30AM // M // 4WKS // 6/3 // \$18

35040-G

9:00-9:30AM // F // 4WKS // 6/7 // \$18

## Summer II

Instructor: Tammy Slovensky

36040-A

9:30-10:00AM // T // 4WKS // 7/9 // \$18

36040-B

11:30AM-Noon // T // 4WKS // 7/9 // \$18

36040-C

9:30-10:00AM // W // 4WKS // 7/10 // \$18

Instructor: Miranda Kirkpatrick

36040-D

4:30-5:00PM // W // 4WKS // 7/10 // \$18

36040-E

9:30-10:00AM // TH // 4WKS // 7/11 // \$18

Instructor: Jennifer Shafer

36040-F

9:00-9:30AM // M // 4WKS // 7/8 // \$18

36040-G

9:00-9:30AM // F // 4WKS // 7/12 // \$18



## GYMNASTICS

## Tiny Tykes

2.5 - 3.5 Years

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

## Summer I

Instructor: Tammy Slovensky

35030-A

10:00-10:30AM // T // 4WKS // 6/4 // \$18

35030-B

10:00-10:30AM // W // 4WKS // 6/5 // \$18

Instructor: Miranda Kirkpatrick

35030-C

5:00-5:30PM // W // 4WKS // 6/5 // \$18

35030-D

10:00-10:30AM // TH // 4WKS // 6/6 // \$18

Instructor: Jennifer Shafer

35030-E

9:30-10:00AM // M // 4WKS // 6/3 // \$18

35030-F

9:30-10:00AM // F // 4WKS // 6/7 // \$18

## Summer II

Instructor: Tammy Slovensky

36030-A

10:00-10:30AM // T // 4WKS // 7/9 // \$18

36030-B

10:00-10:30AM // W // 4WKS // 7/10 // \$18

Instructor: Miranda Kirkpatrick

36030-C

5:00-5:30PM // W // 4WKS // 7/10 // \$18

36030-D

10:00-10:30AM // TH // 4WKS // 7/11 // \$18

Instructor: Jennifer Shafer

36030-E

9:30-10:00AM // M // 4WKS // 7/8 // \$18

36030-F

9:30-10:00AM // F // 4WKS // 7/12 // \$18

## Gymnastics

### GYMNASTICS

#### Pre-Gymnastics I

##### 4 - 5 Years

For the student who is in transitions between Tots and a regular gymnastics class. To continue working on the discipline required to build the muscular endurance and flexibility needed to advance. (Tots moving up must enroll in Pre-Gym class first.)

##### Summer I

Instructor: Jazmine Duff

35033-A

4:30-5:00PM // M // 4WKS // 6/3 // \$18

35033-B

4:30-5:00PM // T // 4WKS // 6/4 // \$18

35033-C

5:30-6:00PM // TH // 4WKS // 6/6 // \$18

##### Summer II

Instructor: Jazmine Duff

36033-A

4:30-5:00PM // M // 4WKS // 7/8 // \$18

36033-B

4:30-5:00PM // T // 4WKS // 7/9 // \$18

36033-C

5:30-6:00PM // TH // 4WKS // 7/11 // \$18



### GYMNASTICS

#### Pre-Gymnastics II

##### 5 - 6 Years

For the student who is in transitions between Tots and a regular gymnastics class. To continue working on the discipline required to build the muscular endurance and flexibility needed to advance. (Tots moving up must enroll in Pre-Gym class first.)

##### Summer I

Instructor: Jazmine Duff

35033-D

5:00-5:50PM // M // 4WKS // 6/3 // \$20

35033-E

5:00-5:50PM // T // 4WKS // 6/4 // \$20

35033-F

4:30-5:20PM // TH // 4WKS // 6/6 // \$20

Instructor: Cyndi Duff

35033-G

9:50-10:40AM // W // 4WKS // 6/5 // \$20

##### Summer II

Instructor: Jazmine Duff

36033-D

5:00-5:50PM // M // 4WKS // 7/8 // \$20

36033-E

5:00-5:50PM // T // 4WKS // 7/9 // \$20

36033-F

4:30-5:20PM // TH // 4WKS // 7/11 // \$20

Instructor: Cyndi Duff

36033-G

9:50-10:40AM // W // 4WKS // 7/10 // \$20



### GYMNASTICS

#### Tumbling Tots I

##### 3 - 4 Years

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

##### Summer I

Instructor: Tammy Slovensky

35011-A

10:30-11:00AM // T // 4WKS // 6/4 // \$18

35011-B

10:30-11:00AM // W // 4WKS // 6/5 // \$18

35011-C

11:30AM-Noon // W // 4WKS // 6/5 // \$18

Instructor: Miranda Kirkpatrick

35011-D

5:30-6:00PM // W // 4WKS // 6/5 // \$18

35011-E

10:30-11:00AM // TH // 4WKS // 6/6 // \$18

Instructor: Jennifer Shafer

35011-F

10:00-10:30AM // M // 4WKS // 6/3 // \$18

35011-G

10:00-10:30AM // F // 4WKS // 6/7 // \$18

##### Summer II

Instructor: Tammy Slovensky

36011-A

10:30-11:00AM // T // 4WKS // 7/9 // \$18

36011-B

10:30-11:00AM // W // 4WKS // 7/10 // \$18

36011-C

11:30AM-Noon // W // 4WKS // 7/10 // \$18

Instructor: Miranda Kirkpatrick

36011-D

5:30-6:00PM // W // 4WKS // 7/10 // \$18

36011-E

10:30-11:00AM // TH // 4WKS // 7/11 // \$18

Instructor: Jennifer Shafer

36011-F

10:00-10:30AM // M // 4WKS // 7/8 // \$18

36011-G

10:00-10:30AM // F // 4WKS // 7/12 // \$18



## Gymnastics

## GYMNASTICS

## Tumbling Tots II

## 4 - 5 Years

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

## Summer I

Instructor: Tammy Slovensky

35022-A

11:00-11:30AM // T // 4WKS // 6/4 // \$18

35022-B

11:00-11:30AM // W // 4WKS // 6/5 // \$18

Instructor: Miranda Kirkpatrick

35022-C

11:00-11:30AM // TH // 4WKS // 6/6 // \$18

Instructor: Jennifer Shafer

35022-D

10:30-11:00AM // M // 4WKS // 6/3 // \$18

35022-E

10:30-11:00AM // F // 4WKS // 6/7 // \$18

## Summer II

Instructor: Tammy Slovensky

36022-A

11:00-11:30AM // T // 4WKS // 7/9 // \$18

36022-B

11:00-11:30AM // W // 4WKS // 7/10 // \$18

Instructor: Miranda Kirkpatrick

36022-C

11:00-11:30AM // TH // 4WKS // 7/11 // \$18

Instructor: Jennifer Shafer

36022-D

10:30-11:00AM // M // 4WKS // 7/8 // \$18

36022-E

10:30-11:00AM // F // 4WKS // 7/12 // \$18



## GYMNASTICS

Beginner Girls & Boys  
Novice Gymnastics

## 7 - 12 Years

For the student who has little or no gymnastics experience or some all-around gymnastics knowledge (floor, bars, beam & vault) but still needs work on form and technique. To build the confidence, strength, endurance, and flexibility required to perform basic gymnastics skills through lead up drills and progressions. (Tots moving up must enroll in a Pre-Gym class first.)

Instructor: Cyndi Duff

## Summer I

35062-D

9:00-9:50AM // W // 4WKS // 6/5 // \$20

## Summer II

36062-D

9:00-9:50AM // W // 4WKS // 7/10 // \$20

## GYMNASTICS

Beginner Girls  
Novice Gymnastics

## 7 - 12 Years

For the students who have little or no gymnastics experience or some all-around gymnastics knowledge (floor, bars, beam & vault) but still need to work on form and technique. To build the confidence, strength, endurance and flexibility required to perform basic gymnastics skills through lead up drills and progressions. (Tots moving up must enroll in a Pre-Gym class first.)

## Summer I

Instructor: Jazmine Duff

## (7 - 9 Years)

35062-A

6:00-6:50PM // T // 4WKS // 6/4 // \$20

35062-B

6:00-6:50PM // TH // 4WKS // 6/6 // \$20

Instructor: Cyndi Duff

## (7 - 12 Years)

35062-C

5:00-5:50PM // T // 4WKS // 6/4 // \$20

## Summer II

Instructor: Jazmine Duff

## (7 - 9 Years)

36062-A

6:00-6:50PM // T // 4WKS // 7/9 // \$20

36062-B

6:00-6:50PM // TH // 4WKS // 7/11 // \$20

Instructor: Cyndi Duff

## (7 - 12 Years)

36062-C

5:00-5:50PM // T // 4WKS // 7/9 // \$20

## Gymnastics

### GYMNASTICS

#### Girls Beginner I Gymnastics

7 - 12 Years

For the student who has some gymnastics knowledge (USAG Novice Level Skills) but still needs work on form and technique. To continue building strength, endurance, and flexibility to continue learning the basic skills needed for skill advancement through lead up drills and progressions. (Must have previously participated in Girls Novice or Girls Beginner I.)

*Instructor: Cyndi Duff*

##### Summer I

35090-A  
9:00-9:50AM // M // 4WKS // 6/3 // \$20  
35090-B  
6:00-6:50PM // TH // 4WKS // 6/6 // \$20

##### Summer II

36090-A  
9:00-9:50AM // M // 4WKS // 7/8 // \$20  
36090-B  
6:00-6:50PM // TH // 4WKS // 7/11 // \$20

### GYMNASTICS

#### Girls Beginner II Gymnastics

7 - 12 Years

For the student who has participated in all-around gymnastics (USAG Novice-Level 1 Skills). To continue building strength, endurance, and flexibility for skill advancement through lead up drills and progressions. (Must have previously participated in Girls Beginner I or Girls Beginner II.)

*Instructor: Cyndi Duff*

##### Summer I

35070-A  
6:50-7:40PM // T // 4WKS // 6/4 // \$20

##### Summer II

36070-A  
6:50-7:40PM // T // 4WKS // 7/9 // \$20

### GYMNASTICS

#### Girls Beginner II & III Gymnastics

7 - 12 Years

For the student who has participated in all-around gymnastics (USAG Novice-Level 1 Skills). To continue building strength, endurance, and flexibility for skill advancement through lead up drills and progressions. (Must have previously participated in Girls Beginner I or Girls Beginner II.)

*Instructor: Cyndi Duff*

##### Summer I

35070-B  
9:50-10:40AM // M // 4WKS // 6/3 // \$20

##### Summer II

36070-B  
9:50-10:40AM // M // 4WKS // 7/8 // \$20



### GYMNASTICS

#### Girls Beginner III Gymnastics

7 - 12 Years

For the student who has participated in all-around gymnastics (USAG Novice-Level 1 Skills). To continue building strength, endurance, and flexibility for skill advancement through lead up drills and progressions. (Must have previously participated in Girls Beginner I or Girls Beginner II)

*Instructor: Cyndi Duff*

##### Summer I

35070-C  
6:50-7:40PM // TH // 4WKS // 6/6 // \$20

##### Summer II

36070-C  
6:50-7:40PM // TH // 4WKS // 7/11 // \$20

### GYMNASTICS

#### Beginner Tumbling/Acrobatics

7 - 13 Years

This is a combination tumbling and acrobatics class. Students will be building strength, endurance and flexibility to learn skills in each format through lead up drills and progressions.

*Instructor: Cyndi Duff*

##### Summer I

###### Level I

35100-A  
6:00-6:50PM // T // 4WKS // 6/4 // \$20

###### Level II

35100-B  
5:00-5:50PM // TH // 4WKS // 6/6 // \$20

##### Summer II

###### Level I

36100-A  
6:00-6:50PM // T // 4WKS // 7/9 // \$20

###### Level II

36100-B  
5:00-5:50PM // TH // 4WKS // 7/11 // \$20

## Adult Programs



### Fitness Evaluations

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility and body composition. A one hour session is \$41. All evaluations are done by appointment.

*Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)*

### Nutrition Counseling

**One-Hour Session \$55 // Three Sessions \$130**

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders and general wellness. All evaluations are done by appointment.

*Instructor: Esther White (MS, RD, LD)*

### Personal Training

**One-Hour Session \$41 // Five Sessions \$172**

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. Sessions are set by appointment.

*Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)*

### The Power Package

**By Appointment Only // Four Sessions \$145**

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes two sessions focused on nutrition with a customized diet plan and two sessions focused on fitness with an evaluation and personal exercise plan. The Power Package is \$145 for four sessions. All evaluations are done by appointment.

*Instructors: Esther White (MS, RD, LD) and Instructor: Behka Hartmann (Certified Personal Trainer and Fitness Instructor)*

### Personal Training

**One-Hour Session \$60 // Eight 1-hour Sessions \$400**

**Sessions are by appointment only.**

Become the best version of you! Begin your transformative journey and receive the guidance and accountability required to reach your goals and beyond.

Your Personal Trainer provides the know-how and inspiration for all these areas and more:

- 60 Minute Customized one-on-one training session
- Individualized meal plans
- Nutrition counseling
- Full access to exclusive World Changing Fitness workout database
- Biweekly evaluation and progress checks
- Individual accountability
- 24/7 access to World Changing Fitness Personal Trainer for any questions and information
- Life changing results!

*Instructor: Kyle Massingill (Certified Master Trainer)*



## Adult Programs



### Group Training

One-Hour Session \$25 per person  
2 person minimum // 5 person maximum

#### Sessions are by appointment only.

Receive the benefits of working out with a personal trainer while training with your friends, family or coworkers and staying within your budget! Group training builds relationships and strengthens accountability. Sweat together, achieve together, celebrate together.

#### Group sessions include:

- 60 Minute Group Workout
- Meal planning
- Nutrition counseling
- 24/7 access to World Changing Fitness Personal Trainer for any questions and information
- Incredible results!

Instructor: Kyle Massingill (Certified Master Trainer)

### Barre & Pilates

Ages 13+

The perfect blend. Barre, a combination of ballet, Pilates and yoga, focuses on isometric strength training exercises and small range of motion movements, while using the ballet barre for balance. Pilates mat exercises are designed for targeted core work. The major benefits of Barre and Pilates are muscle definition, body tone, increased flexibility and balance, improved posture and reduced stress. Modifications are included for all levels. (Students should bring a thick mat and light weights.)

Instructor: Wendy Dolan (Certified Instructor)

#### Summer I

45977-A

10:30-11:15AM // S // 4WKS // 6/8 // \$30

#### Summer II

46977-A

10:30-11:15AM // S // 4WKS // 7/13 // \$30

### Tri City Promenaders

Did you know that the Tri City Promenaders offers square dance lessons at Brookside Center on Tuesday nights from 7:30-9:30 p.m.? Drop by and give it a try! Email [tricitypromenaders@gmail.com](mailto:tricitypromenaders@gmail.com) for more information.





## Adult Programs



### Belly Dance – Step 1 I.T.S. Foundations

#### Adults and Mature Teens 13+

Whether you have been dancing all your life and taken other belly dance classes, or are just starting out in dance, this class is for you! In this class you will learn the basics of Improv Tribal Style belly dance (ITS) with an introduction to the fundamentals of tribal movement, partner work, isolations, strength-building and drills for muscle memory. Geared toward the new student, but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the Tribal Evolution troupe format. This is a low-impact dance class suitable for all body types and ages. *Must take two sessions to learn full content.*

Instructor: Tiffany Skalberg

**May:**  
43200-B  
7:00-8:00PM // T // MONTHLY // 5/7 // \$28

**June**  
45200-A  
7:00-8:00PM // T // MONTHLY // 6/4 // \$28

**July:**  
45200-B  
7:00-8:00PM // T // MONTHLY // 7/2 // \$28

**August:**  
45200-C  
7:00-8:00PM // T // MONTHLY // 8/6 // \$28

### Belly Dance – Step 2 More I.T.S.

#### Adults and Mature Teens 13+

Take your newfound belly dance skills and challenge yourself at this next step in your dance explorations. In this class the emphasis is on refinement. We will cover more complex drills and improv combinations, building on what you have learned in the Foundations class. We will use live music for this class, affording you the opportunity to also learn to use percussion instruments (in the form of zills) to dance. *Must take two sessions to learn full content. This class is best used in combination with Step 1 ITS Foundations as there is no breakdown of the foundation steps. Please complete at least two sessions of Step 1 before registering for Step 2.*

Instructor: Tiffany Skalberg

**May:**  
43224-B  
8:00-9:00PM // T // MONTHLY // 5/7 // \$28

**June:**  
45224-A  
8:00-9:00PM // T // MONTHLY // 6/4 // \$28

**July:**  
45224-B  
8:00-9:00PM // T // MONTHLY // 7/2 // \$28

**August:**  
45224-C  
8:00-9:00PM // T // MONTHLY // 8/6 // \$28

### Belly Dance – Step 3 Take It to the Stage

#### Adults and Mature Teens 13+

Now that you have perfected your dance skills in Step 1 and Step 2, you are ready to create a performance. This class will focus on taking your ITS vocabulary and making it show-worthy by adding props, staging and interaction with a band. You will also learn to use props such as the veil, skirt, sword and zills. *Must take two sessions to learn full content. Please complete at least two sessions of Step 1 and 2 before registering for Step 3.*

Instructor: Tiffany Skalberg

**May:**  
43222-B  
9:00-9:45PM // T // MONTHLY // 5/7 // \$20

**June**  
45222-A  
9:00-9:45PM // T // MONTHLY // 6/4 // \$20

**July:**  
45222-B  
9:00-9:45PM // T // MONTHLY // 7/2 // \$20

**August:**  
45222-C  
9:00-9:45PM // T // MONTHLY // 8/6 // \$20

## Adult Programs



### Cardio & Tone Boot Camp

Ages 16+

Are you struggling finding the time to fit in your cardio and strength/toning goals? Join this boot camp/circuit class to improve your cardiovascular health and muscle tone.

*Instructor: Lauri Krumm (Certified Personal Trainer)*

#### Summer I

45005-A

6:50-7:30PM // TH // 4WKS // 6/6 // \$25

#### Summer II

46005-A

6:50-7:30PM // TH // 4WKS // 7/11 // \$25

### Creative Studio Workshop

Ages 18+

*Instructors: Jennifer Neher, Stephanie Fanning, Michelle King*

#### Summer I

##### Drawing & Painting

Class participants will explore the basics of drawing and painting while sharpening their artistic voice. Participants will grow as artists by focusing on the creative process. **(Supply list)**

45110-A

6:00-8:00PM // M // 4WKS // 6/3 // \$60

#### Summer II

##### Clay & Sculpture

Class participants will explore three dimensional art through clay and multi-media sculpture. Participants will grow as artists by focusing on the creative process. **(Supply fee \$15)**

46110-A

6:00-8:00PM // M // 4WKS // 7/8 // \$60

### Belly Dance - Tribal Evolution

This class covers the unique Improv Tribal Style of Tribal Evolution Belly Dance Company. This class is a professional performance-level class that will teach you to include props, musical interpretation, musician interaction, staging and show layout. .

*Instructor approval required.*

*Instructor: Tiffany Skalberg*

#### May:

43226-B

7:35-9:05PM // TH // MONTHLY // 5/2 // \$27

#### June:

45226-A

7:35-9:05PM // TH // MONTHLY // 6/6 // \$27

#### July:

45226-B

7:35-9:05PM // TH // MONTHLY // 7/11 // \$27

#### August:

45226-C

7:35-9:05PM // TH // MONTHLY // 8/1 // \$27

### Cardio Dance Party

14+ Years

This class can only be described as FUN! If you want to party, laugh and have a great time while you lose unwanted inches, come and join us! It's Latin-inspired music like Zumba®, mixed with some contemporary pop. It's an easy-to-follow, calorie-burning, cardio dance party. Feel the music and let loose. Each class is a whole new set of dance and fun.

*Instructor: Behka Hartmann (Certified Personal Trainer & Fitness Instructor)*

#### May:

43065-B

6:00-6:55PM // MW // MONTHLY // 5/1 // \$24

#### June:

45065-A

6:00-6:55PM // MW // MONTHLY // 6/3 // \$24

#### July:

45065-B

6:00-6:55PM // MW // MONTHLY // 7/1 // \$24

#### August:

45065-C

6:00-6:55PM // MW // MONTHLY // 8/5 // \$24

## Adult Programs



### Cycle Circuit

Ages 16+ // Bring Water, Towel & Determination!

Want to crank up your workout, metabolism and energy? Come join us for a blend of cycle and circuit training, perfect for fitness at any level.

*Instructor: Lauri Krumm (Certified Personal Trainer)*

#### Summer I

45300-A

5:45-6:45PM // T // 4WKS // 6/4 // \$25

#### Summer II

46300-A

5:45-6:45PM // T // 4WKS // 7/9 // \$25

### Cycle Fit

Ages 16+ // Bring Water, Towel & Determination!

Spin your way through cardio fitness! Join us for a great workout for any fitness level. You will increase metabolism and burn calories. Bring water and a towel. Please arrive a few minutes early, if you are new to spin classes.

*Instructor: Lauri Krumm (Certified Personal Trainer)*

#### Summer I

45350-A

6:30-7:15PM // W // 4WKS // 6/5 // \$25

#### Summer II

46350-A

6:30-7:15PM // W // 4WKS // 7/10 // \$25

### Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

*Instructor: Karen Cowley*

#### Summer I

45010-A

8:30-9:15AM // MTThF // 4WKS // 6/3 // \$15

#### Summer II

46010-A

8:30-9:15AM // MTThF // 4WKS // 7/8 // \$15



## Adult Programs

### NEW CLASS!

## Fit Body Boot Camp

### Ages 16+

This hardcore morning boot camp is the perfect way to jump start your day! It's made up of fun but challenging workout circuits that will push you to the max. We will be using weights, ropes, TRX straps, barre movements and much, much more! Anyone can join and get an incredible workout because all of our circuits can be modified and adjusted based on skill levels and injuries.

*Instructor: Kyle Massingill (Certified Personal Trainer)*

#### May:

43040-B

6:35-7:30PM // MW // MONTHLY // 5/1 // \$40

#### June:

45040-A

6:35-7:30PM // MW // MONTHLY // 6/3 // \$40

#### July:

45040-B

6:35-7:30PM // MW // MONTHLY // 7/1 // \$40

#### August:

45040-C

6:35-7:30PM // MW // MONTHLY // 8/5 // \$40

## Guitar

### Ages 13+

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility and strength. We will learn songs using finger-picking, flat-picking and classical techniques. (Guitar is required.)

*Instructor: Jan Ryberg*

#### Summer I

45888-A: Beginner

5:15-6:00PM // M // 4WKS // 6/3 // \$35

45888-B: Intermediate

6:00-6:45PM // M // 4WKS // 6/3 // \$35

#### Summer II

46888-A: Beginner

5:15-6:00PM // M // 4WKS // 7/8 // \$35

46888-B: Intermediate

6:00-6:45PM // M // 4WKS // 7/8 // \$35

## Guitar - Ensemble

### Ages 13+

This class is for students who can read standard music notation in the first position, or have a dedication to learning notes. Some chord knowledge is preferred but not required. We will be learning ensemble pieces in many different styles and students will be encouraged to bring in their own arrangements and compositions. We will have a performance at the end of the session.

*Instructor: Jan Ryberg*

#### Summer I

45999-A

7:30-9:00PM // M // 4WKS // 6/3 // \$35

#### Summer II

46999-A

7:30-9:00PM // M // 4WKS // 7/8 // \$35

## Private Guitar Lessons

Are you looking to develop your existing guitar skills? Or are you a beginner wanting the basics of playing? Private guitar lessons are now available! Private sessions can be scheduled on Tuesdays, from 6 to 9:30 pm and on Saturdays, from 1 to 4 pm. Contact the Hurst Recreation Center to schedule lessons.

*Instructor: Jan Ryberg*

**30 minute lesson: \$30**



## Hatha Yoga

**Don't Eat 2 Hours Prior // Yoga Mat**

Learn about connecting your mind, body and breath with the practice of yoga. Build strength, flexibility, mobility, stability and balance to improve your overall health and well being.

*Instructor: Benny Zavala (Certified Yoga Instructor)*

#### Summer I

45100-A

10:15-11:15AM // M // 4WKS // 6/3 // \$24

45100-B

10:15-11:15AM // W // 4WKS // 6/5 // \$24

45100-C

10:15-11:15AM // F // 4WKS // 6/7 // \$24

#### Summer II

46100-A

10:15-11:15AM // M // 4WKS // 7/8 // \$24

46100-B

10:15-11:15AM // W // 4WKS // 7/10 // \$24

46100-C

10:15-11:15AM // F // 4WKS // 7/12 // \$24

## Hurst Hustlers Running Club

Come join runners, joggers and walkers of all levels for a challenging workout using hills, speed work, distance and drills. You will learn how to run and how to stay injury free all while having fun! This is the perfect way to make friends and meet your running goals.

*Instructor: Esther White (MS, RD, LD)*

#### Summer I

45001-A

6:15-7:15PM // M // 4WKS // 6/3 // \$20

#### Summer II

46001-A

6:15-7:15PM // M // 4WKS // 7/8 // \$20



## Adult Programs

## Olympic Sport of Judo

## Ages 14+

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class. New students start the first Monday of the month.

*Instructor: Kim Mesa (6th degree Black Belt and certified USA Judo International Coach)*

**May:**

43800-B

7:00-8:30PM // MW // MONTHLY // 5/6 // \$40

**June:**

45800-A

7:00-8:30PM // MW // MONTHLY // 6/3 // \$40

**July:**

45800-B

7:00-8:30PM // MW // MONTHLY // 7/1 // \$40

**August:**

45800-C

7:00-8:30PM // MW // MONTHLY // 8/5 // \$40

## Spin and Sweat

## Ages 16+

Join us for spinning! Turn the basics of cycling into a great cardio workout that burns calories and fat. Get ready to work hard and sweat like crazy!

*Instructor: Lauri Krumm (Certified Personal Trainer)*

**Summer I**

45444-A

9:00-9:45AM // T // 4WKS // 6/4 // \$25

45444-B

5:45-6:30PM // TH // 4WKS // 6/6 // \$25

**Summer II**

46444-A

9:00-9:45AM // T // 4WKS // 7/9 // \$25

46444-B

5:45-6:30PM // TH // 4WKS // 7/11 // \$25

## NEW CLASS!

## Stretch &amp; Strength

## Ages 12+

Improve cardiovascular endurance as well as muscular strength and endurance while lengthening muscles to improve flexibility.

*Instructor: Cyndi Duff*

**May:**

43125-B

9:00-9:50AM // TTH // MONTHLY // 5/2 // \$25

**June:**

45125-A

9:00-9:50AM // TTH // MONTHLY // 6/4 // \$25

**July:**

45125-B

9:00-9:50AM // TTH // MONTHLY // 7/2 // \$25

**August:**

45125-C

9:00-9:50AM // TTH // MONTHLY // 8/1 // \$25

## NEW CLASS!

## Stretch &amp; Relax Yoga

## Ages 16+

Take a break from your busy schedule and guide your body through gentle stretches to loosen up knots and tension. This class will increase your performance and help you to achieve the flexibility results you want! Learn how to breathe easier and calm your mind. This class is for everyone who needs to relax, unwind and recover. All levels welcome—no prior yoga experience necessary.

**Bring a blanket, strap and socks to class.**

*Instructor: Psacha LaJoie (Certified Yoga Instructor)*

**June:**

45111-A

6:30-7:30PM // TTH // MONTHLY // 6/6 // \$30

**July:**

45111-B

6:30-7:30PM // TTH // MONTHLY // 7/11 // \$30

**August:**

45111-C

6:30-7:30PM // TTH // MONTHLY // 8/1 // \$30

## NEW CLASS!

## Zumba Fitness

## Ages Mature 14+

Dance fitness that is fun and full of energy! A mix of low-intensity and high-intensity interval-style, calorie burning total body workout for every body and EVERYBODY!

*Instructor: Cyndi Duff*

**May:**

43055-B

10:00-10:50AM // TTH // MONTHLY // 5/2 // \$25

**June:**

45055-A

10:00-10:50AM // TTH // MONTHLY // 6/4 // \$25

**July:**

45055-B

10:00-10:50AM // TTH // MONTHLY // 7/2 // \$25

**August:**

45055-C

10:00-10:50AM // TTH // MONTHLY // 8/1 // \$25

## Zumba Toning

## Ages 16+

Come learn the basic techniques of Zumba in this energizing fitness class by getting all your groove on! This is a great way for all ages to get started in Zumba or if you need a lower intensity. We'll use the musical maraca sounding toning sticks to bump up the work out by adding resistance. It's great for the mind, body and soul!

*Instructor: Rosy Pritchett (Certified Personal Trainer and Fitness Instructor)*

**May:**

43050-B

7:30-8:25AM // TTH // MONTHLY // 5/2 // \$25

**June:**

45050-A

7:30-8:25AM // TTH // MONTHLY // 6/4 // \$25

**July:**

45050-B

7:30-8:25AM // TTH // MONTHLY // 7/2 // \$25

**August:**

45050-C

7:30-8:25AM // TTH // MONTHLY // 8/1 // \$25

## Summer Seminars

### Oily Babies

Do you have a new baby in the family? Would you like to know an amazing way to calm and bond with that sweet little bundle? Join me for a live demonstration of the infant massage technique using the Young Living Seedlings Line of baby care items. We'll discuss the how-to's and benefits of infant massage. Feel free to bring your new addition to get some hands-on experience yourself!

Presenter: Ragan Clark (MT-ASCP)

43035-A

10:00-11:00AM // S // 1 DAY // 5/11 // FREE

### Home Detox

Did you know the majority of harsh chemicals we are exposed to are in our own homes? Do you know what they are doing to you and your family's health? Would you like to learn how to start living a harsh chemical-free lifestyle without breaking the bank? Come learn what toxins are lurking in your home, where they are, how to replace them, and even how easily you can DIY your own plant-based products by making one yourself! All supplies will be provided, so please RSVP so we know how many people we will be blessing.

Presenter: Ragan Clark (MT-ASCP)

45035-A

10:00-11:00AM // S // 1 DAY // 6/8 // FREE



### Essential Oils 101: Safety and Basics

There is a lot of information about essential oils out there today, and with so much, it can get overwhelming (not to mention all the different products on the market). Have you been wanting to know more, but don't know where to start or how? Why would anyone use them anyway and who do you go with? One of the best ways to get started is with Young Living's Premium Starter Kit. We'll go over the benefits, contents, uses, and how you can get started today with your very own kit!

Presenter: Ragan Clark (MT-ASCP)

46035-A

10:00-11:00AM // S // 1 DAY // 7/20 // FREE

### Plant Power: Back to School Make and Take

Supply fee \$5

It's that time of year, again. Time to send the kids back to those special centers for learning and expanding their knowledge; and giving them time back with their friends. With the new school year comes busier schedules, homework, extracurricular activities, sports, competitions, etc. How do you balance it all, keep everyone healthy, and keep your kids (and you) from totally melting down? Join us to learn how to support your and your kids' systems by using a few must-haves so this can be the best year, yet! We'll be making a focus roller blend to get the school year started off right!

Presenter: Ragan Clark (MT-ASCP)

46035-B

10:00-11:00AM // S // 1 DAY // 8/17 // FREE

### Registration Policy

Walk-in registration beginning on **Monday, April 22 at 7:00 a.m.** is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills and Euless whose mail is delivered to a Hurst "address" are not eligible to register until May 6 at 7:00 a.m. Residency is defined by living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on **Monday, May 6**. Out of fairness to all citizens of our community, you may only register the members of your household.

.....

**Classes begin the week of June 3**  
(unless otherwise indicated)

.....

### Sign Up To Register Online

That's right – you can save time and register your entire family online! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your **Hurst water bill, Hurst property tax statement or Hurst apartment lease, and your photo ID** as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our online registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your user name and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out. Then you will be ready to register online the day registration starts!

### Help Us, Help You! PLEASE ENROLL EARLY!

Help us keep your favorite classes around by enrolling early. There is a point when a course must be canceled due to low enrollment. Help us prevent course cancellations by registering early!

### Walk-In Registration Times

**Monday-Thursday: 7:00AM-9:00PM**  
**Friday: 7:00AM-5:00PM**  
**Saturday: 9:30AM-5:00PM**  
**Sunday: 1:30PM-5:00PM**

### Confirmations

When you register by mail or fax, you will receive a confirmation notice through the postal mail. You will be notified of the designated classes that are not available. If the class is not available, you may select a second choice. If you register online, you may print a copy of your receipt.

### Refund Guidelines

**Recreation Classes:** We depend on your participation for a successful class. If you have an unforeseen circumstance and cannot attend class, we will refund your fee with 72 hours notice prior to the class start date.

### Supply Lists & Fees

Some of our classes require a supply list or fee. These classes are noted in the magazine. Supply fees should be given to your instructor on the first day of class. You may get a list of what will be provided with those fees at the front desk. If your class requires a supply list, please purchase those the week classes start. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

### Weather Guidelines

In case of inclement weather, the Hurst Recreation Center will not conduct classes if the HEB Independent School District cancels their classes for the day.

### Deadline Guideline

Registration for all pre-school and youth classes must be completed in advance. The deadline for registration in pre-school and youth programs is seven days prior to the start date of the class.

## « CLASS REGISTRATION FORM

HEAD OF HOUSEHOLD

EMAIL ADDRESS

STREET ADDRESS

APT #

CITY

STATE / ZIP

HOME PHONE

WORK PHONE

PARTICIPANT'S NAME	DOB	GENDER	CLASS #	CLASS FEE
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
			Subtotal	\$

**GRAND TOTAL**

Non-Resident Fee of \$2 per class

\_\_\_\_\_ x \$2  
# OF CLASSES

= \$ \_\_\_\_\_

+ Subtotal \$ \_\_\_\_\_ =

Total Due \$ \_\_\_\_\_

### PAYMENT METHOD

☐ CHECK

☐ CREDIT CARD

☐ CASH

CHECK NUMBER: \_\_\_\_\_

CARD TYPE: ☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

MAIL TO: Hurst Parks and Recreation  
Class Registration

MAKE CHECKS PAYABLE TO:  
City of Hurst

CARD NUMBER: \_\_\_\_\_

700 Mary Drive, Hurst, TX 76053

EXPIRATION DATE: \_\_\_\_ / \_\_\_\_

For the valuable consideration of being allowed to participate in the City of Hurst Parks and Recreation Department's program or use the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from an injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I DO FULLY RELEASE, INDEMNIFY, AND HOLD HARMLESS, THE CITY, ITS EMPLOYEES AND OFFICERS FROM THEIR OWN NEGLIGENCE FOR FAILURE TO PROPERLY DESIGN, INSPECT, OR MAINTAIN THE EQUIPMENT, OR SUPERVISE THE ACTIVITIES TO BE ENGAGED IN OR EQUIPMENT TO BE USED BY THE UNDERSIGNED, AND FOR ANY ACTS OF THIRD PARTIES. The City does not provide any medical or other insurance protection benefits for those who use the recreational equipment or engage in activities on City Premises. I give the city of Hurst permission to use photographs obtained during my registered course(s), at recreation special events, or at city facilities, parks, etc. in city sponsored publication materials, and understand it is my responsibility to communicate otherwise with city personnel.

BY SIGNING THE RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT

DATE

SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18

DATE



## Adult Sports Registration Information

Teams may register in person or by phone at the Recreation Administration Office located inside the Hurst Recreation Center, 700 Mary Drive or by calling 817-788-7320. Hours are Monday, Wednesday and Friday from 8:00 a.m. to 5:00 p.m. and Tuesday and Thursdays from 8 a.m. to 6 p.m. Registration information and rules are located online at [www.teamsideline.com/hurst](http://www.teamsideline.com/hurst). For more information, please call 817-788-7320.

### Adult Softball

#### Summer League Registration

**Open Registration:** April 29-May 24

*Registration and/or start dates may be adjusted to accommodate weather related delays*

**Entry Fee:** \$340 for an 10 game season + playoffs

**League Schedules:** Available May 29, after 4:00PM

**League Begins:** June 3

**League Nights:**

Monday – Men's, Men's & Women's

Tuesday – Men's & Co-ed

Wednesday – Men's & Co-ed

Thursday – Men's & Co-ed

Friday – Men's, Men's Church & Co-ed



### Adult Men's Basketball

#### Fall League Registration

**Open Registration:** July 22-August 23

**Entry Fee:** \$275 for a 7-game season

*With Playoffs for teams who qualify*

**League Schedules:** Available August 28 after 4:00 p.m.

**League Begins:** September 3/5

**League Nights:**

Tuesday – Men's Open

Thursday – Men's Open

## Youth Sports Associations

#### Tri-Cities Baseball & Softball Associations

TCBA 817-285-0200

[www.tcbasesoft.com](http://www.tcbasesoft.com)

#### Mid-Cities Basketball Association

MCBA 817-354-6208

[www.MCBBA.org](http://www.MCBBA.org)

#### Hurst United Soccer Association

HUSA 817-504-7479

[www.hurstunited.com](http://www.hurstunited.com)

#### MidCities PeeWee Football & Cheerleading Association

817-282-2390

[www.midcitiespeeweefootball.org](http://www.midcitiespeeweefootball.org)



## Recreation Center West Gym Schedule

There are also outdoor pickleball courts available at Smith-Barfield Park, 640 Pleasantview.

### Monday

6:30AM-10:00PM // Open Gym

### Tuesday

6:30-9:30AM // Open Gym

9:30AM-Noon // Pickleball

Noon-6:00PM // Open Gym

### Wednesday

6:30-5:00PM // Open Gym

5:00-7:00PM // Classes

7:00-10:00PM // Open Gym

### Thursday

6:30AM-9:30PM // Open Gym

9:30AM-Noon // Pickleball

Noon-6:00PM // Open Gym

### Friday

6:30-8:30AM // Open Gym

9:00AM-1:00PM // Class

1:00-3:00PM // Pickleball

3:00PM // Open Gym

### Saturday

9:00AM-6:00PM // Open Gym

### Sunday

1:00-6:00PM // Open Gym

## Mission Statement

*The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage lifelong learning, fitness and fun.*

## Parks and Recreation Board

Chairman:  
**Alan Neace**

Vice Chair:  
**Bob Walker**

**Will Blackburn**  
**Pat King**  
**Jessica Martin**

**Ralph Hurd**  
**Rod Robertson**  
**Karen Spencer**  
**Gary Waldron**

## Recreation Staff

Recreation Director:  
**Chris Watson**

Recreation Specialist:  
**Lauren Snyder**

Recreation Athletics  
and Aquatics Manager:  
**Jennifer Kashner**

Recreation Attendants:  
**Sierra Anderton**  
**Jeremy Bailey**  
**Mikayla Birdsong**

Recreation Programs  
and Events Manager:  
**Amy Oden**

**Arika Bright**  
**Dakota Ford**  
**Rudy Garcia**  
**Candi Green**  
**Zach Herd**

Recreation Center  
Manager:  
**Jordan Taylor**

**Anna James**  
**Madeline Kime**  
**Matt Mendez**

Recreation Supervisor:  
**Mary Singleton**

**Nancy Philip**  
**Christian Pineda**  
**Shana Sanders**  
**Cheryl Thompson**

Recreation Coordinator:  
**Madison Bass**

Administrative Assistant:  
**Paige Lutz**

Facility Maintenance:  
**Judy Arellano**

Recreation Receptionists:  
**Melanie Cox**  
**Michelle Stockel**

## Pickleball

Already familiar with the game or want to try something new? Pickleball is a fun game, for all ages. Whether you're a novice or expert, you'll be sure to get some playtime on our 3 indoor pickleball courts. Courts are set up and ready at the Recreation Center on Tuesdays, Thursdays, and Fridays during specified hours. Don't have a racquet or a ball? We've got you covered. Come see what it's all about or call for more details on prices and times at 817-788-7325.





## Hurst Stars & Stripes

Thursday, July 4 // 5:00-10:00PM  
Hurst Community Park, 601 Precinct Line Road

Fireworks start at approximately 9:30 p.m.  
No on-site parking. FREE shuttle service  
is provided from Northeast Mall in front of  
Nordstrom.

**Event activities include:** 2 Food Courts,  
Petting Zoo, Face Painting, Kid's Zone, Live Music  
from the Main Stage, FREE giveaways, and more!

Please; this is a smoking, alcohol, grill free event.  
And please leave your pets at home as the fireworks  
can be scary for them.

For more information, call 817-788-7320.



## Parks & Recreation Family Night

Thursday, July 25  
4:00PM-Close // Alley Cats, Hurst

To wrap up National Parks and Recreation month, join the Parks & Rec Team at Alleycats for an evening of fun, family, food, and games! All the activities you can do for nearly 70% off of the regular rate! Look for our event flyer on Facebook, Instagram, or our website at [www.hursttx.gov/Recreation](http://www.hursttx.gov/Recreation) for more information!

## Hurst Golden Couples

Saturday, June 22 // Please RSVP by June 10 to 817-788-7320  
5:00-7:00PM // Hurst Senior Activity Center, 837 W. Pipeline Road

In celebration of your 50+ years of matrimony, we invite you to attend the Golden Couples event. Please RSVP by June 10 to 817-788-7320.

*Special thanks to our event sponsors: Bice's Florist and Balloons Fantastique*

## Fish Stockings at Chisholm Park

Neighborhood Fishin' offers fishing opportunities close to home. Texas Parks and Wildlife Department works in partnership with local governments to stock catfish and rainbow trout in small neighborhood lakes. These fish are fun to catch, and they're stocked frequently in season, so there's nearly always a fresh supply of fish available to take your bait. Over 5,500 fingerling channel catfish were stocked at Chisholm Park in 2018.

A few reminders: kids under 17 fish for free, but adults must have a fishing license with a freshwater stamp; fishing is allowed with poles only (no trotlines, traps, nets, etc.); daily bag limits and minimum lengths may apply. Visit [www.neighborhoodfishin.org](http://www.neighborhoodfishin.org) for specific rules, regulations and dates.

Need a fishing pole? Go to the Hurst Public Library at 901 Precinct Line Road where you can check one out for free with an adult library card.



### Catfish Stocking Schedule

April 19  
May 3, 17, 31  
June 14, 8  
July 12, 26  
August - No Stockings  
September 6, 20  
October 4, 18  
November 1





## Central Aquatics Center

### Central Aquatics Center

715 Mary Drive

817-788-7327

### Hours of Operation:

May							June							July							August / September						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4							1		1	2	3	4	5	6					1	2	3
5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10
12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24
26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30	31
							30																				

● Noon-5 p.m. 
 ● 10 a.m.-6 p.m. 
 ● Noon-7 p.m. 
 ● 10 a.m.-6 p.m. 
 X Closed

\* Central Aquatics closes on August 18. Please visit us at Chisholm Aquatics Center.

## Pavilion Rentals

Central Aquatics Center offers two pavilions for your family/group needs. Pavilion rentals **DO NOT** include admission. Admission is based on residency of the guests, NOT the party host. Pavilion rentals are booked through the Recreation Office located at the Hurst Recreation Center (700 Mary Drive, Hurst, TX 76053). Call 817-788.7320 for additional information.

### Monday-Friday

May 31-August 2: Noon-3:30PM  
\$40 per time slot

August 5-16: Noon-3:00PM  
or 3:30-7:00PM  
\$40 per time slot

### Saturday & Sunday

10:00AM-1:30PM or 2:00-5:30PM  
\$40 per time slot

### Private Facility Rentals Hurst Residents ONLY

### Saturday & Sunday

7:00-9:00PM

\$750 (\$500 rental  
+ \$250 refundable deposit)

### Daily Admission Fees

Free - 12 months and younger

Free - 65 years and older

\$4 - Hurst residents \*, ages 1 - 64 years

\$10 - Non-residents, ages 1 - 64 years

## Season Passes

### ON SALE NOW!

#### Hurst residents \*

\$25 Individual • \$100 Family Pass (family of 5)

#### Non-residents

\$75 Individual • \$300 Family Pass (family of 5)

Families must reside at the same address;  
additional family members pay the individual rate.

**Visit the Hurst Recreation Center  
to purchase yours today!**

\* Residents must show proof of residency in the form of a driver's license and Hurst water bill or will be charged the non-resident rate. Hurst Aquatics Center guests must pay the appropriate admission fee.

## Chisholm Aquatics Center

### Chisholm Aquatics Center

2200 Norwood Drive

817-788-7250

### Hours of Operation:

May							June							July							August / September						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4							1		1	2	3	4	5	6					1	2	3
5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10
12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17
19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24
26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30	31
							30														1	2	3	4	5	6	7

10 a.m.-6 p.m.

Noon-8 p.m.

10 a.m.-6 p.m.

X Closed

## Pavilion Rentals

- Chisholm Aquatics Center offers five pavilions for your family/group needs. Pavilion rentals **DO NOT include** admission. Admission is based on residency of the guests, NOT the party host. Pavilion rentals are booked through the Recreation Office located at the Hurst Recreation Center (700 Mary Drive, Hurst, TX 76053). Call 817-788.7320 for additional information.

### Monday-Friday

Noon-3:30PM or 4:00-7:30PM

Pavillion 1, 2, 3 and 5: \$40 per time slot

Pavillion 4: \$100 per time slot

### Saturday & Sunday

10:00AM-1:30PM or 2:00-5:30PM

Pavillion 1, 2, 3 and 5: \$40 per time slot

Pavillion 4: \$100 per time slot

### Private Facility Rentals Hurst Residents ONLY

### Saturday & Sunday

7:00-9:00PM

\$750 (\$500 rental  
+ \$250 refundable deposit)

## Daily Admission Fees

Free - 12 months and younger

Free - 65 years and older

\$4 - Hurst residents \*, ages 1 - 64 years

\$10 - Non-residents, ages 1 - 64 years

## Season Passes

### ON SALE NOW!

#### Hurst residents \*

\$25 Individual • \$100 Family Pass (family of 5)

#### Non-residents

\$75 Individual • \$300 Family Pass (family of 5)

Families must reside at the same address;  
additional family members pay the individual rate.

**Visit the Hurst Recreation Center  
to purchase yours today!**

\* Residents must show proof of residency in the form of a driver's license and Hurst water bill or will be charged the non-resident rate. Hurst Aquatics Center guests must pay the appropriate admission fee.



# Learn-to-Swim Class Registration

Walk-in registration beginning on **Monday, April 22**, is only open to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills, and Euless, whose mail is delivered to a Hurst "address" are not eligible to register until May 14. Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst, and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on **Monday, May 6**.

**Registration for swim classes is conducted in person at the Hurst Recreation Center or online only. Class registration is not accepted by mail or fax for Learn-to-Swim.**

**Registration:** Residents, April 22 - 7:00AM

Non-Residents, May 6 - 7:00AM

## Class Fees

### GROUP LESSONS

Resident: \$30 Non-Resident: \$40

Two-week sessions: Monday-Thursday

### PARENT/TOT LESSONS

Resident: \$15 Non-Resident: \$20

One-week sessions: Monday-Thursday

\*Parent required in the pool with the child

### PRIVATE LESSONS (Hurst Residents Only)

Resident: \$50

Private Lessons: Receive one-on-one attention to enhance instruction of swimming skills for your child. Private lessons are held on Saturday mornings at Central Aquatics Center.

## Registration/Class Transfer Deadline

The deadline to register or transfer a swimming class is Monday at 5 p.m., the week prior to the beginning of each session. Before enrolling your child in a class, please read the class descriptions thoroughly to ensure your child is in the appropriate class. Walk-in registration at the pool is not allowed.

## Weather Conditions and Make-Up Policy

In the event of inclement weather, please call the LTS Inclement Weather Information Line at 817-788-7323. It is possible that classes could be cancelled on a class-by-class basis, or for the entire morning. If possible, a safety day is conducted as this information is required for all classes. The second and third days in a session that classes are not conducted, Friday mornings are utilized. In the event that further classes are cancelled, they are cancelled entirely. This policy applies to all four sessions. The Learn to Swim Coordinator will provide make-up information as needed.

## Cancellation/Refund Deadline

In order to cancel out of and receive a refund for a Learn to Swim class, cancellations must be made by the Monday at 5:00 p.m., prior to the start of the session. Refunds will not be given after this point. Medical reasons will be considered with a Doctor's report. Please call 817-788-7325 for additional information.

## First Day Evaluations

The LTS Coordinators and Instructors are trained to recognize proper swimming technique and ability. Students are evaluated on the first day of class and grouped by the appropriate level based on their ability.

## Group Reservation Policy

A group is defined as any person or entity, commercial or non-profit, who provides structured child care and/or activities. All "Groups" meeting this criteria are required to make a reservation, in person, at the Recreation Division administrative office, 700 Mary Drive, at least seven calendar days in advance of the desired date of their visit. "Groups" must comply with all components of the City of Hurst Group Reservation Policies.





# Learn-to-Swim Class Descriptions

## Parent Tot/Swim

6 Months - 3 Years // Parent is in the water

### One week class

Introduces infants, toddlers and their parents to basic water adjustment and safety thought play.

- Bubbles and going under water
- Parent holding positions
- Floats, kicks and arm strokes

## Pre-School

3 - 5 Years // Parent is not in the water

All skills are done with support

- Water adjustment
- Glides
- Floats and kicks
- Bubbles with face underwater

## Beginner

6 - 12 Years

- Front and Back Crawl 25 yards
- Backstroke 25 yards
- Scissor kicks
- Sidestroke arms

## Stroke Refinement

10 - 13 Years // Prerequisites required

- Front Crawl 50-100 yards
- Backstroke 50-100 yards
- Butterfly 50 yards
- Treading Water

## Jr. Lifeguard Class

11 - 15 Years // Must be a strong swimmer

- Base rescue skills
- CPR
- First Aid

Note: This class does not award any certifications.



## Central Learn to Swim Classes

	June 3-6	June 10-13	June 17-20	June 24-27
<b>Parent/Tot</b> 6 Months - 3 Years	73010-1A 9:00AM 73010-1B 9:45AM 73110-1A 6:00PM 73100-1B 6:45PM	73010-2A 9:00AM 73010-2B 9:45AM 73110-2A 6:00PM 73100-2B 6:45PM	74010-1A 9:00AM 74010-1B 9:45AM 74110-1A 6:00PM 74100-1B 6:45PM	74010-2A 9:00AM 74010-2B 9:45AM 74110-2A 6:00PM 74100-2B 6:45PM

Parent/Tot: 1 week Monday-Thursday. Parent required in pool with child.

	June 8-11	June 15-18	July 22-25	July 29-August 1
<b>Parent/Tot</b> 6 Months - 3 Years	75010-1A 9:00AM 75010-1B 9:45AM 75110-1A 6:00PM 75100-1B 6:45PM	75010-2A 9:00AM 75010-2B 9:45AM 75110-2A 6:00PM 75100-2B 6:45PM	76010-1A 9:00AM 76010-1B 9:45AM 76110-1A 6:00PM 76100-1B 6:45PM	76010-2A 9:00AM 76010-2B 9:45AM 76110-2A 6:00PM 76100-2B 6:45PM

Class Types	Session 1 June 3-13	Session 2 June 17-27	Session 3 July 8-19	Session 4 July 22-August 1
<b>Pre-School</b> 3 - 6 Years	73020-A 8:15AM 73020-B 9:00AM 73020-C 9:45AM 73020-D 10:30AM 73020-E 11:15AM 73120-A 5:15PM 73120-B 6:00PM 73120-C 6:45PM 73120-D 7:25PM	74020-A 8:15AM 74020-B 9:00AM 74020-C 9:45AM 74020-D 10:30AM 74020-E 11:15AM 74120-A 5:15PM 74120-B 6:00PM 74120-C 6:45PM 74120-D 7:25PM	75020-A 8:15AM 75020-B 9:00AM 75020-C 9:45AM 75020-D 10:30AM 75020-E 11:15AM 75120-A 5:15PM 75120-B 6:00PM 75120-C 6:45PM 75120-D 7:25PM	76020-A 8:15AM 76020-B 9:00AM 76020-C 9:45AM 76020-D 10:30AM 76020-E 11:15AM 76120-A 5:15PM 76120-B 6:00PM 76120-C 6:45PM 76120-D 7:25PM
<b>Beginner</b> 6-12 Years	73030-A 8:15AM 73030-B 9:00AM 73030-C 9:45AM 73030-D 10:30AM 73030-E 11:15AM 73130-A 5:15PM 73130-B 6:00PM 73130-C 6:45PM 73130-D 7:25PM	74030-A 8:15AM 74030-B 9:00AM 74030-C 9:45AM 74030-D 10:30AM 74030-E 11:15AM 74130-A 5:15PM 74130-B 6:00PM 74130-C 6:45PM 74130-D 7:25PM	75030-A 8:15AM 75030-B 9:00AM 75030-C 9:45AM 75030-D 10:30AM 75030-E 11:15AM 75130-A 5:15PM 75130-B 6:00PM 75130-C 6:45PM 75130-D 7:25PM	76030-A 8:15AM 76030-B 9:00AM 76030-C 9:45AM 76030-D 10:30AM 76030-E 11:15AM 76130-A 5:15PM 76130-B 6:00PM 76130-C 6:45PM 76130-D 7:25PM
<b>Class Types</b> <b>Saturdays</b>	<b>Session 1</b> <b>June 8, 15, 22, 29</b>	<b>Session 2</b> <b>July 6, 13, 20, 27</b>		
<b>Private Lessons</b> <b>All Ages</b> <b>Residents Only</b>	77001-A 8:00AM 77001-B 8:35AM 77001-C 9:10AM	77002-A 8:00AM 77002-B 8:35AM 77002-C 9:10AM		

# Chisholm Learn to Swim Classes

Parent/Tot 6 Months - 3 Years	June 3-6	June 10-13	June 17-20	June 24-27
	63010-1A 9:00AM 63010-1B 9:45AM	63010-2A 9:00AM 63010-2B 9:45AM	64010-1A 9:00AM 64010-1B 9:45AM	64010-2A 9:00AM 64010-2B 9:45AM

Parent/Tot: 1 week Monday-Thursday. Parent required in pool with child.

Parent/Tot 6 Months - 3 Years	June 8-11	June 15-18	July 22-25	July 29-August 1
	65010-1A 9:00AM 65010-1B 9:45AM	65010-2A 9:00AM 65010-2B 9:45AM	66010-1A 9:00AM 66010-1B 9:45AM	66010-2A 9:00AM 66010-2B 9:45AM

Class Types	Session 1 June 3-13	Session 2 June 17-27	Session 3 July 8-19	Session 4 July 22-August 1
<b>Pre-School</b> 3 - 6 Years	63020-A 8:15AM 63020-B 9:00AM 63020-C 9:45AM 63020-D 10:30AM 63020-E 11:15AM	64020-A 8:15AM 64020-B 9:00AM 64020-C 9:45AM 64020-D 10:30AM 64020-E 11:15AM	65020-A 8:15AM 65020-B 9:00AM 65020-C 9:45AM 65020-D 10:30AM 65020-E 11:15AM	66020-A 8:15AM 66020-B 9:00AM 66020-C 9:45AM 66020-D 10:30AM 66020-E 11:15AM
<b>Beginner</b> 6-12 Years	63030-A 8:15AM 63030-B 9:00AM 63030-C 9:45AM 63030-D 10:30AM 63030-E 11:15AM	64030-A 8:15AM 64030-B 9:00AM 64030-C 9:45AM 64030-D 10:30AM 64030-E 11:15AM	65030-A 8:15AM 65030-B 9:00AM 65030-C 9:45AM 65030-D 10:30AM 65030-E 11:15AM	66030-A 8:15AM 66030-B 9:00AM 66030-C 9:45AM 66030-D 10:30AM 66030-E 11:15AM
<b>Stroke Refinement</b> 12+ Years	63070-A 10:30AM 63070-B 11:15AM	64070-A 10:30AM 64070-B 11:15AM	65070-A 10:30AM 65070-B 11:15AM	66070-A 10:30AM 66070-B 11:15AM
<b>Junior Lifeguard</b> 11-15 Years Must be a strong swimmer			65080-A 11:15AM	66080-A 11:15AM





# HURST AQUATICS CENTER

## SWIM ATTIRE REQUIREMENTS

- PROPER SWIMWEAR IS REQUIRED IN ALL POOLS AND TO RIDE ALL SLIDES. A SWIMSUIT IS DEFINED AS AN ARTICLE OF CLOTHING DESIGNED TO BE USED IN THE POOL ENVIRONMENT.
- SWIMWEAR SHOULD BE LINED AND MAY NOT BE TRANSPARENT AT ANY TIME.
- THE FOLLOWING ATTIRE IS NOT ALLOWED IN THE POOLS AT OUR HURST AQUATICS CENTERS:
  - THONG OR T-BACK SWIMWEAR BOTTOMS, FINS, SNORKELS, GOGGLES THAT COVER THE NOSE, AND MERMAID TAILS.
  - NO UNDERGARMENTS (I.E. BRAS OF ANY KIND) MAY BE VISIBLE.
  - ATTIRE WITH A "LIFEGUARD" LOGO IS NOT PERMITTED FOR LIABILITY REASONS.
- SWIMSUITS WITH ZIPPERS AND FOOTWEAR ARE NOT ALLOWED ON OUR SLIDES.
- FOR SANITARY REASONS, ALL INFANTS/TODDLERS THAT REQUIRE A DIAPER MUST WEAR SWIM DIAPERS AND PROPER SWIMWEAR.

MANAGEMENT HAS THE RIGHT TO REMOVE GUESTS WHO ARE NOT COMPLIANT WITH OUR SWIM ATTIRE REQUIREMENTS.  
THANK YOU FOR HELPING KEEP OUR AQUATICS CENTERS SAFE AND FAMILY-FRIENDLY!

### NOT ALLOWED



### ALLOWED



- SE REQUIERE TRAJE DE BAÑO ADECUADO EN TODAS LAS PISCINAS Y PARA MONTAR TODOS LOS TOBOGANES. UN TRAJE DE BAÑO SE DEFINE COMO UN ARTÍCULO DE ROPA DISEÑADO PARA SER UTILIZADO EN EL ENTORNO DE LA PISCINA.
- LA ROPA DE BAÑO DEBE ESTAR FORRADA Y PUEDE NO SER TRANSPARENTE EN CUALQUIER MOMENTO.
- NO SE PERMITE EL SIGUIENTE ATUENDO EN LAS PISCINAS DE NUESTROS CENTROS ACUÁTICOS DE HURST:
  - PARTE DE ABAJO DEL TRAJE DE BAÑO DE TANGA O T-BACK. ALETAS, SNORKEL, GAFAS QUE CUBREN LA NARIZ Y COLAS DE SIRENA.
  - NO SE PUEDE VER ROPA INTERIOR (ES DECIR, SOSTENES DE NINGÚN TIPO).
  - NO SE PERMITE USAR UN LOGOTIPO DE "SALVAVIDAS" POR RAZONES DE RESPONSABILIDAD.
- POR RAZONES SANITARIAS, TODOS LOS BEBÉS / NIÑOS PEQUEÑOS QUE REQUIEREN UN PAÑAL DEBEN USAR PAÑALES DE NATACIÓN Y TRAJES DE BAÑO ADECUADOS.
- NO SE PERMITEN TRAJES DE BAÑO CON CREMALLERAS Y CALZADO EN NUESTRAS DIAPOSITIVAS.

LA GERENCIA TIENE EL DERECHO DE ELIMINAR A LOS HUÉSPEDES QUE NO CUMPLAN CON NUESTROS REQUISITOS DE ATUENDO DE NATACIÓN.  
¡GRACIAS POR AYUDAR A MANTENER NUESTROS CENTROS ACUÁTICOS SEGUROS Y APTOS PARA FAMILIAS!

CITY OF  
**HURST★TEXAS**



## Adult Water Aerobics Central Aquatics Center

Ages 16+

Come splash into fitness! Water aerobics is an excellent low-impact way for men and women to get fit. Even arthritis sufferers can give this program a try! Participants will use resistance tools including buoyant water weights and swim noodles. Because it is low-impact, water aerobics is suitable for every fitness level from beginning exercisers through elite athletes. Minimal swimming skills and water comfort are required. Please bring a towel, personal water bottle and water shoes. Water depth is 3'6".

*Instructor: Cyndi Duff*

63200-A

7:35-8:15AM // MWF // 4WKS // 6/3-6/28 // \$60

63200-B

7:35-8:15AM // MWF // 4WKS // 7/8-8/2 // \$60

## Senior Water Time Chisholm Aquatic Center, River Pool

Ages 65+

This is unstructured time in the water for seniors ages 65 and older. No private lessons, trainers, therapists allowed. Participants must register in advance at the Hurst Recreation Center.

63400-A

7:30-8:15AM // TTh // 4WKS // 6/4-6/27 // FREE

63400-B

7:30-8:15AM // TTh // 4WKS // 7/9-8/1 // FREE



## Drills Save Lives

Hurst participates in Vigilance Awareness Training. This training helps our guards to remain alert and to practice their skills during realistic scenarios. You may see lifeguard staff responding to staged scenarios during operating hours, including manikin drops, or other staff members posing as Guests in Distress. You may see us activate our Emergency Action Plan and respond accordingly. Managers may announce the drill once it begins. We appreciate your understanding. If you have any questions, please direct them to the Manager on Duty.

For more information, please contact the Recreation Administrative Office at 817-788-7320.

### Special Needs Swim Time \*FREE\*

Friday, June 21 // 6:30-8:30PM  
 Central Aquatics Center  
 715 Mary Drive  
 FREE

Saturday, August 3 // 7:00-9:00PM  
 Chisholm Aquatics Center  
 2200 Norwood Drive  
 FREE

Children with special needs, their caregivers and families are invited to enjoy exclusive access to our Aquatic Center. Come have some fun in the sun!

All pool rules will still be in effect and entrance is not guaranteed if our facility is at capacity.

### Play Safe Event: Drowning Prevention

Sunday, July 21 // 1:00-3:00PM  
 Chisholm Aquatics Center  
 2200 Norwood Drive

**Daily Pool Admission**  
 Hurst Residents: \$4  
 Non-Residents: \$10

Stop by, take a swim, and learn about water safety! We will have CPR practice, life jacket fittings, a lifeguard photo booth and much more! This event will take place during our regular open swim hours.

### Shark Night Family Fun Night

Saturday, July 27 // 7:00-9:00PM  
 Chisholm Aquatics Center  
 2200 Norwood Drive

\$5 per person / Season Pass Holders are FREE  
 Ages 12 months and under are FREE

\* Concession stand will be open! For more information please call 817-788-7320

Shark night is here! Bring your family to a fun night out at Chisholm Aquatics Center. There will be games, an inflatable and much more.

### Doggie Dive In

Saturday, August 24 // 10:00AM-2:00PM  
 Central Aquatics Center  
 715 Mary Drive

\$5 per dog (Two dogs per adult maximum)

\* Slides and some features will not be available during this event. Vaccinations Required: Up to date vaccinations and current Rabies shot. Must show at entrance.

Bring your four-legged friends to our very first Doggie Dive-In event at Central Aquatics Center! Come enjoy some end of summer fun with this one of a kind event! Pre-register today at the Hurst Recreation Center or by calling 817-788-7325!

### Dive-In Movie - Ralph Breaks the Internet: Wreck-It Ralph

**July 13**  
**Central Aquatics Center - 715 Mary Drive**  
**7:30-10:30PM** (Movie begins at sunset)  
**\$5 per person/Season Pass Holders are FREE** (Ages 12 months and Under FREE)

Come kick back and relax at Central Aquatics Center for our NEW fun family event! Float in the pool while watching a movie on the big screen. It is Saturday night family fun that can't be beat!

**Concession stand will be open! For more information, please call 817-788-7320.**



## Racquet Stringing

The Tennis Center has a large choice of strings and accessories for your racquet needs. We offer 24 hour service and United States Racquet Stringers Association certified stringers on staff.

- Lessons and team drills for all ages and abilities
- 10 lighted outdoor courts
- USRSA racquet stringers
- Ball machine rental
- USPTA-certified instructors available
- USTA adult leagues

## How About A Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

*Lessons with City of Hurst Head Professional Kelly Langdon, USPTA or Tennis Center Coordinator Austin Wynne, USPTA*

\$35 Per Half Hour  
\$55 Per Hour  
\$200 Per Series of 4 Lessons

*Lessons with tennis instructors Greg Smith; Cameron Bodily, USPTA; John Schildt, USPTA; Mike Seybold, USPTA*

\$35 Per Half Hour  
\$55 Per Hour  
\$200 Per Series of 4 Lessons

The Tennis Center staff also offers group lessons: \$90 for 1½ hour group drills for league teams.

## Spring/Summer Operating Hours

Monday-Thursday: 8:00AM-10:00PM  
Friday: 8:00AM-6:00PM  
Saturday & Sunday: 8:00AM-7:00PM

## Hurst Tennis Center

701 Mary Drive, Hurst, TX  
817-788-7330

## Hurst Tennis Center Staff

*Tennis Attendants:*  
Austin Armstrong  
Sean Burke  
Ryan Crozier

*Head Professional:*  
Kelly Langdon, USPTA

*Tennis Instructors:*  
Cameron Bodily, USPTA  
John Schildt, USPTA  
Mike Seybold, USPTA  
Greg Smith

*Tennis Center Coordinator:*  
Austin Wynne, USPTA

## Upcoming Tournaments

July 1-day Challenger  
July 13

August 2-day Challenger  
August 10-11

USTA Hurst Adult Open  
December 7-8



## Youth

### Quickstart - Pee Wee Tennis Camp

6 Years and Under // 1 Can of Unopened Balls

Introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

Instructors: Mike Seybold, USPTA and Staff

83700-A

9:45-10:00AM // TTH // 6/11 & 6/13 // \$40

83700-B

9:45-10:00AM // TTH // 6/25 & 6/27 // \$40

83700-C

9:45-10:00AM // TTH // 7/9 & 7/12 // \$40

83700-D

9:45-10:00AM // TTH // 7/23 & 7/25 // \$40

### Junior Beginner Tennis Camp

7+ Years // 1 Can of Unopened Balls

A fun camp for beginners. No experience necessary! Learn the forehand, backhand, serve and volley.

Instructors: Mike Seybold, USPTA and Staff

83710-A

10:30AM-Noon // M-TH // 6/3-6/6 // \$72

83710-B

10:30AM-Noon // M-TH // 6/10-6/13 // \$72

83710-C

10:30AM-Noon // M-TH // 6/17-6/20 // \$72

83710-D

10:30AM-Noon // M-TH // 6/24-6/27 // \$72

83710-E

10:30AM-Noon // M-TH // 7/8-7/11 // \$72

83710-F

10:30AM-Noon // M-TH // 7/15-7/18 // \$72

83710-G

10:30AM-Noon // M-TH // 7/22-7/25 // \$72

83710-H

10:30AM-Noon // M-TH // 7/29-8/1 // \$72



### Advanced Beginner/Intermediate Tennis Camp

10+ Years // 1 Can of Unopened Balls

Improve skills learned in Beginner Camp. Tactics, drills, & fun are stressed.

Instructors: Mike Seybold, USPTA and Staff

83720-A

10:30AM-Noon // M-TH // 6/3-6/6 // \$72

83720-B

10:30AM-Noon // M-TH // 6/10-6/13 // \$72

83720-C

10:30AM-Noon // M-TH // 6/17-6/20 // \$72

83720-D

10:30AM-Noon // M-TH // 6/24-6/27 // \$72

83720-E

10:30AM-Noon // M-TH // 7/8-7/11 // \$72

83720-F

10:30AM-Noon // M-TH // 7/15-7/18 // \$72

83720-G

10:30AM-Noon // M-TH // 7/22-7/25 // \$72

83720-H

10:30AM-Noon // M-TH // 7/29-8/1 // \$72

### Junior Beginner Tennis & Swim Camp

7+ Years // 1 Can of Unopened Balls

A fun camp for beginners. Learn the forehand, backhand, serve and volley. Kids will eat lunch and enjoy the pool each day at the Central Pool. Bring a sack lunch and drink every day.

Instructors: Mike Seybold, USPTA and Staff

83810-A

10:30AM-1:30PM // M-TH // 6/3-6/6 // \$88

83810-B

10:30AM-1:30PM // M-TH // 6/10-6/13 // \$88

83810-C

10:30AM-1:30PM // M-TH // 6/17-6/20 // \$88

83810-D

10:30AM-1:30PM // M-TH // 6/24-6/27 // \$88

83810-E

10:30AM-1:30PM // M-TH // 7/8-7/11 // \$88

83810-F

10:30AM-1:30PM // M-TH // 7/15-7/18 // \$88

83810-G

10:30AM-1:30PM // M-TH // 7/22-7/25 // \$88

83810-H

10:30AM-1:30PM // M-TH // 7/29-8/1 // \$88



## Advanced Beginner/Intermediate Tennis & Swim Camp

12+ Years // 1 Can of Unopened Balls

Introduction to tactics and drills. Player development and fun are stressed. Kids will eat lunch and enjoy the BRAND NEW Central Pool. Bring a sack lunch and drink every day.

Instructors: Mike Seybold, USPTA and Staff

83820-A	10:30AM-1:30PM	//	M-TH	//	6/3-6/6	//	\$88
83820-B	10:30AM-1:30PM	//	M-TH	//	6/10-6/13	//	\$88
83820-C	10:30AM-1:30PM	//	M-TH	//	6/17-6/20	//	\$88
83820-D	10:30AM-1:30PM	//	M-TH	//	6/24-6/27	//	\$88
83820-E	10:30AM-1:30PM	//	M-TH	//	7/8-7/11	//	\$88
83820-F	10:30AM-1:30PM	//	M-TH	//	7/15-7/18	//	\$88
83820-G	10:30AM-1:30PM	//	M-TH	//	7/22-7/25	//	\$88
83820-H	10:30AM-1:30PM	//	M-TH	//	7/29-8/1	//	\$88

## Evening Classes

### Junior Beginner Tennis

7+ Years // 1 Can of Unopened Balls

A perfect class for beginners. Learn the forehand, backhand, serve and volley.

Instructors: Kelly Langdon, USPTA and Staff

83503-A	5:30-7:00PM	//	W	//	6/5-6/26	//	\$72
83503-B	5:30-7:00PM	//	W	//	7/10-7/31	//	\$72
83503-C	5:30-7:00PM	//	W	//	8/7-8/28	//	\$72

## Adult

### Adult Beginner/ Advanced Beginner Clinic

1 Can of Unopened Balls

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new unopened balls to first class.

Instructors: Kelly Langdon, USPTA, John Schlidt, USPTA and Staff

83505-A	7:00-8:30PM	//	W	//	4WKS	//	6/5-6/26	//	\$72
83505-B	7:00-8:30PM	//	W	//	4WKS	//	7/10-7/31	//	\$72
83505-C	7:00-8:30PM	//	W	//	4WKS	//	8/7-8/28	//	\$72

### Advanced Beginner/ Intermediate Tennis

7+ Years // 1 Can of Unopened Balls

Introduction to tactics and drills. Player development and fun are stressed.

Instructors: Michael Seybold, USPTA, John Schlidt, USPTA and Staff

83507-A	5:30-7:00PM	//	TH	//	6/6-6/27	//	\$72
83507-B	5:30-7:00PM	//	TH	//	7/11-8/1	//	\$72
83507-C	5:30-7:00PM	//	TH	//	8/8-8/29	//	\$72

### Adult Adv. Beginner/ Intermediate Clinic

1 Can of Unopened Balls

This class is for adults who want to build on existing skills. You will practice all shots and learn techniques and tactics.

Instructors: Kelly Langdon, USPTA, John Schlidt, USPTA and Staff

83506-A	7:00-8:30PM	//	W	//	4WKS	//	6/5-6/26	//	\$72
83506-B	7:00-8:30PM	//	W	//	4WKS	//	7/10-7/31	//	\$72
83506-C	7:00-8:30PM	//	W	//	4WKS	//	8/7-8/28	//	\$72

## 4.0 Men's Open Drills

1 Can of Unopened Balls

This drill class is designed to work on both singles and doubles point play situations. Get a great workout while getting ready for your next match. A minimum of three (3) players is needed for the drill to make. Please call and register no later than 24 hours in advance. Players should contact the Hurst Tennis Center on Thursday to ensure the class will meet.

Instructors: Kelly Langdon, Austin Wynne, USPTA and John Schlidt, USPTA

7:00-8:30PM // TH // Weekly // 6/6 // \$12

## Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine three days in advance.

## Taking Care of City Parks

We make sure our crews inspect our parks on a regular basis, however, litter and vandalism still may occur and additional maintenance may be needed between crew visits. The next time you visit one of our parks and you notice anything that needs attention, please notify the Parks Department at 817-788-7220 or submit a request through the Where We Live mobile app.

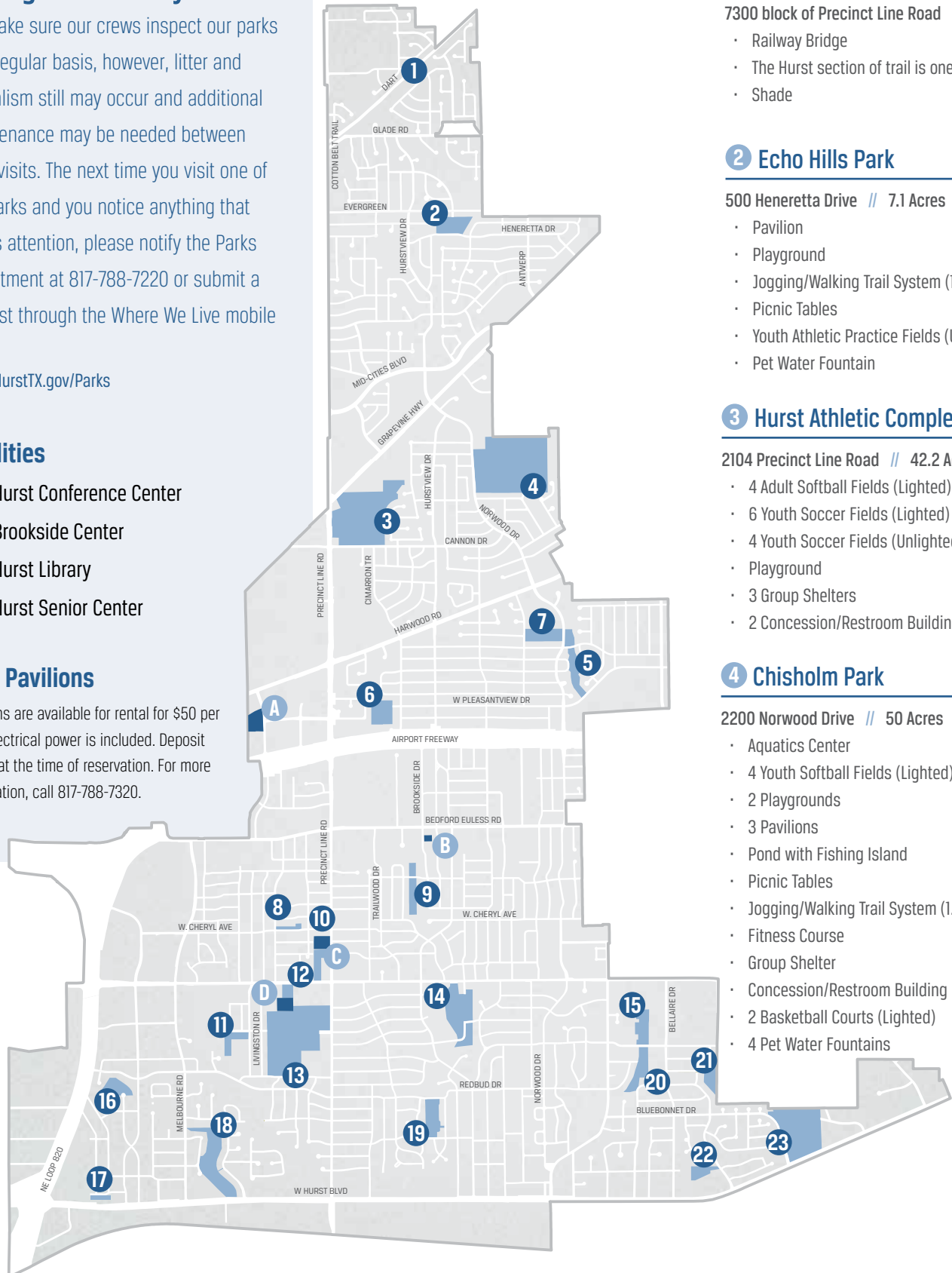
[www.HurstTX.gov/Parks](http://www.HurstTX.gov/Parks)

### Facilities

- A** Hurst Conference Center
- B** Brookside Center
- C** Hurst Library
- D** Hurst Senior Center

### Park Pavilions

Pavilions are available for rental for \$50 per day. Electrical power is included. Deposit is due at the time of reservation. For more information, call 817-788-7320.



### 1 Cotton Belt Trail

7300 block of Precinct Line Road

- Railway Bridge
- The Hurst section of trail is one mile
- Shade

### 2 Echo Hills Park

500 Heneretta Drive // 7.1 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

### 3 Hurst Athletic Complex

2104 Precinct Line Road // 42.2 Acres

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

### 4 Chisholm Park

2200 Norwood Drive // 50 Acres

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

## 5 Mayfair Linear Park

1725 Norwood Drive // 8.3 Acres

## 6 Smith-Barfield Park

640 Pleasantview Drive // 6.9 Acres

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

## 7 Mayfair Park

1725 Norwood Drive // 14.4 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/4 mile)
- Youth Athletic Fields (Unlighted)
- Pet Water Fountain

## 8 Windmill Park

840 W. Cheryl Avenue // 2 Acres

- Historical Marker

## 9 Valentine Park

610 Bedford Court West // 4 Acres

- Youth Athletic Practice Field (Unlighted)

## 10 Library Park

901 Precinct Line Road

- Pavillion

## 11 Hurst Hills Park

575 Billie Ruth Lane // 4 Acres

## 12 Heritage Village Plaza

841 W. Pipeline Road

- Historical Plaza
- Picnic Table
- 2 Decorative Water Fountains

## 13 Hurst Community Park

601 Precinct Line Road // 44.9 Acres

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

## 14 Central Park

700 block of Mary Drive // 17.5 Acres

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

## 15 Vivagene Copeland Park

501 Pecan Drive // 5.2 Acres

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

## 16 Jaycee-Baker Park

500 Belmont Drive // 4.1 Acres

- Playground
- Picnic Tables
- Pavilion
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

## 17 Parker Cemetery

1308 Cardinal Lane

## 18 Billy Creek Park

161 Billy Creek Drive

## 19 Redbud Park

525 Redbud Drive // 7.2 Acres

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 miles)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

## 20 Bellaire Park

500 Pecan Drive // 6.4 Acres

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

## 21 Wan-Ka-Kani Park

748 Shadylane // 4.1 Acres

- Picnic Tables

## 22 Highway 10 Linear Park

188 Arwine Drive

- Hurst's undeveloped park land

## 23 Rickel Park

1001 Bluebonnet Drive // 29 Acres

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- Playground
- 2 Pet Water Fountains



City of Hurst  
1505 Precinct Line Rd.  
Hurst, TX 76054

PRESORTED STANDARD  
U.S. POSTAGE PAID  
HURST, TX PERMIT NO. 21

*Summer 2019*

## RECREATION CLASS SCHEDULE

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage life-long learning, fitness and fun.

